



Email

Scan the QR code below to learn more about Communicate Online competency:



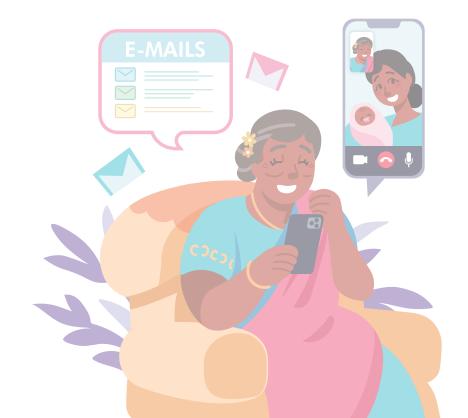






Content

Introduction	2
Cyber Security Tips	3
Understanding Common Email Apps	4
Navigating Common Steps to Use Email Apps	10
Step-by-step Guide to use Gmail	22



Introduction

The Digital Skills for Life (DSL) guide is a collection of booklets that is designed to help you learn essential digital skills for daily living. It offers step-by-step instructions and quick tips that empowers you to navigate the digital landscape confidently and safely.

It is designed for anyone who wants to pick up essential digital skills for daily living.

The DSL skills are grouped into 5 competency areas as shown in the diagram.

Learning Outcomes:

This guidebook focuses on the 'Communicate Online' competency, where you will learn:



- The common email apps, their icons and identify them using their logos.
- The common features (UI) and common steps (UX) to use the email apps.
- Useful cybersecurity tips to stay safe online.

To help you acquire the learning outcome, this guidebook uses different email platforms as examples to demonstrate the common steps involved in using email for communication with others.



Cyber Security Tips

To stay safe while using email, please keep to the following:



Enable two-factor (2FA) authentication for added security.



Do not share personal or financial details, passwords or one-time password (OTP) with anyone.



Always check the source of the email. **Do not** open or download any unverified links or attachments in the email body.



Check for updates and **update your app promptly** to protect your devices from known security vulnerabilities.



Download apps from **official** sources.

Understanding Common Email Apps

About Email	Page 5
The Common Features found across	
Different Email Apps	Page 6

About Email

Emails are electronic mails exchanged from one user to one or many recipients via the Internet. Emails are used to communicate for personal use and for business. They are fast, unlike regular postal services (snail mail), free and can be accessed anytime, anywhere as long as there is Internet connection.

Some registrations of online services require emails. It is also an alternative means of contact if you do not wish to share your mobile number.

Some of the common email platforms used are Gmail and Yahoo Mail.

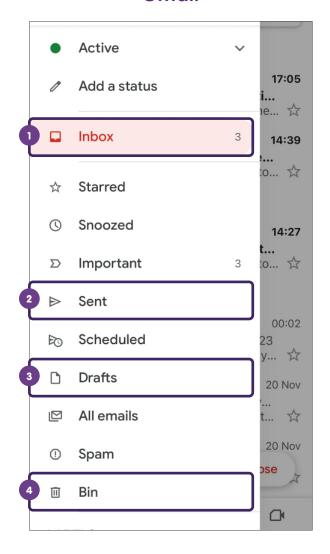
Pre-requisites to learning the app

Learner must:

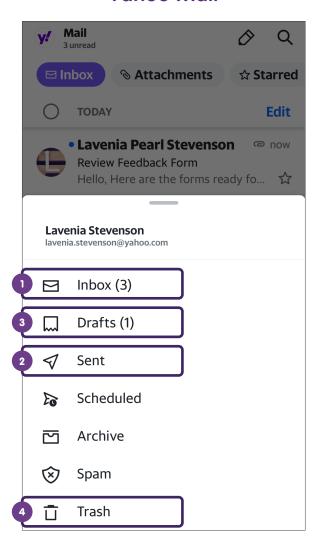
- Have a mobile device (either iOS or Android) connected to either cellular network or Wi-Fi.
- Know how to connect to cellular network or Wi-Fi.
- Know how to install an app on the mobile device.



Gmail



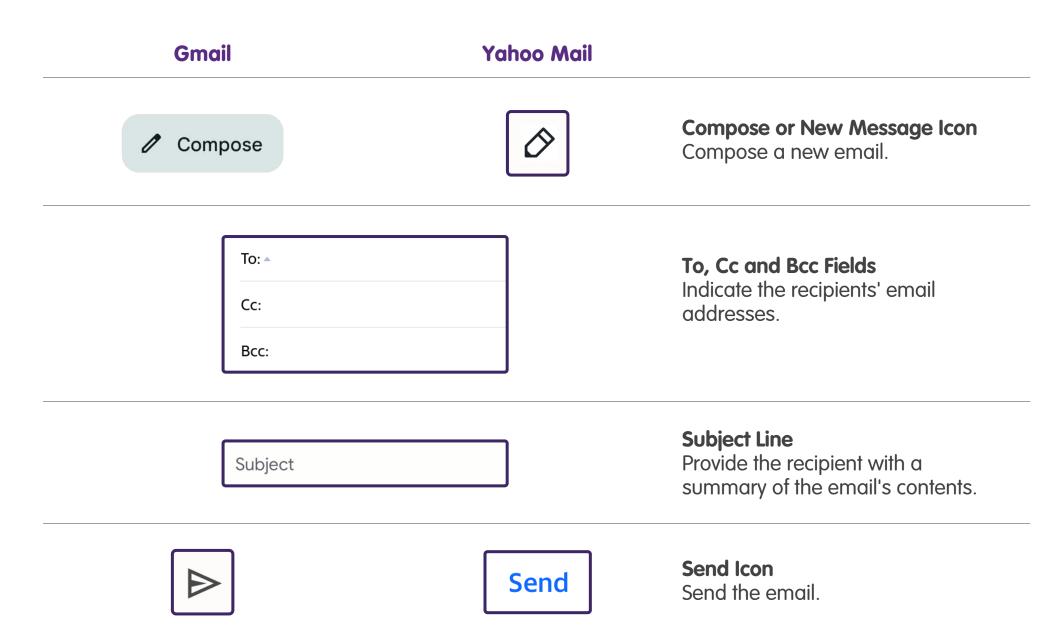
Yahoo Mail

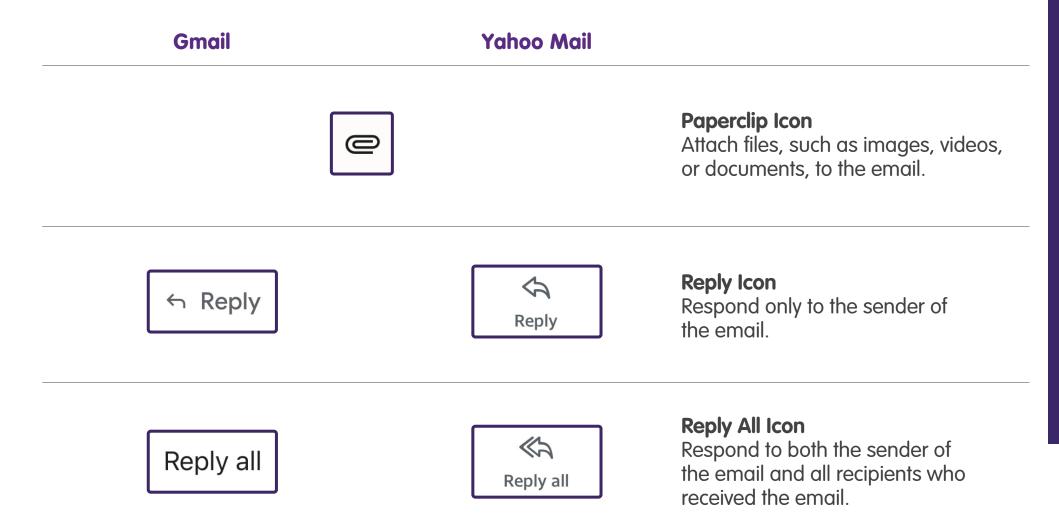


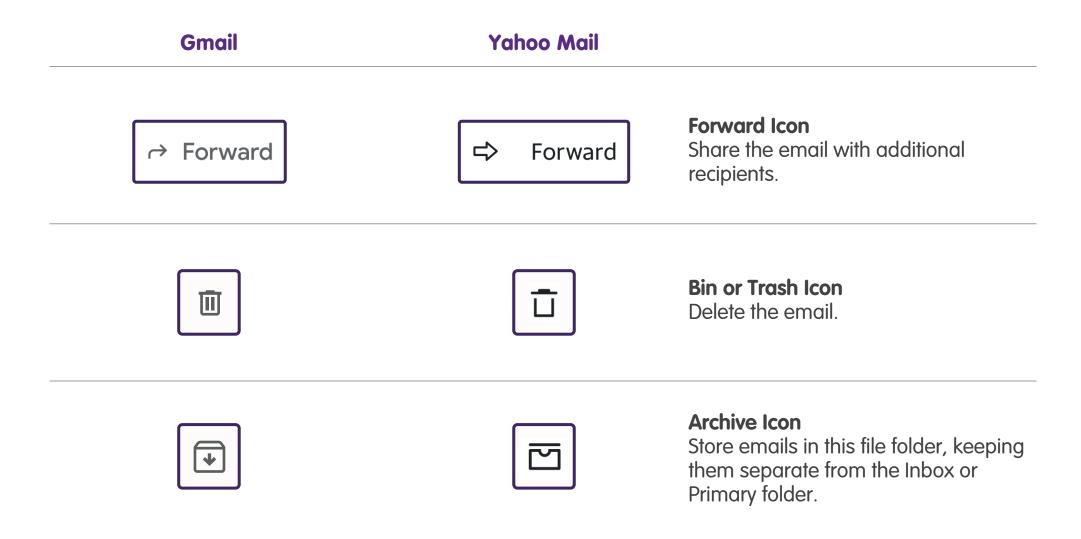
Various email platforms offer folders to assist users in organising their emails.

Commonly Used Folders

- Primary / Inbox For incoming emails
- Sent For emails that have been sent
- Drafts For emails that have been composed but not yet sent
- Bin / Trash For emails that have been deleted





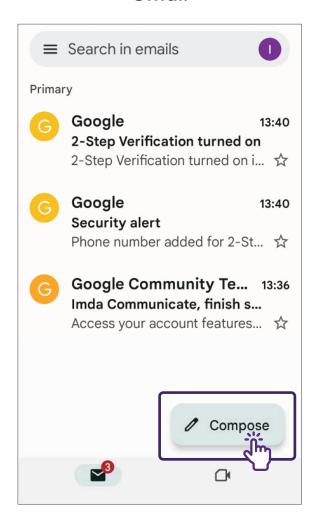


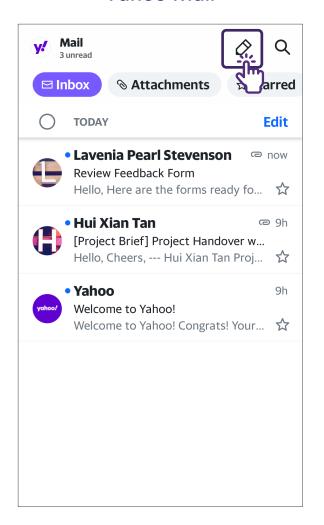
Navigating Common Steps to Use Email Apps

How to Compose an Email	Page 11
How to Insert Attachments	Page 16
How to Reply, Forward or Delete an Email	Page 19

Tap on "Compose".

Gmail





Gmail

2 Enter the recipient's email address in the "To" or "Cc/Bcc" field. If there are multiple recipients, use commas to separate them.

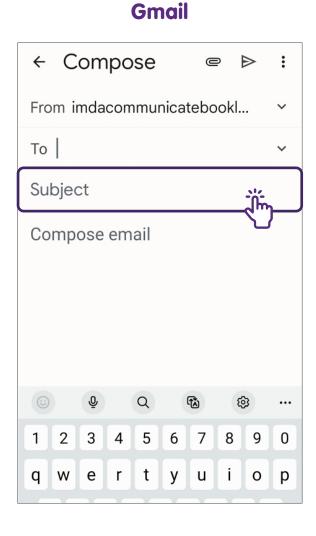
Compose From imdacommunicatebookl... To Subject Compose email 2 3 4 5 6 7 8 9 0 r t y u i 0 q w е р

× Send ··· To: ▼ Subject Sent from Yahoo Mail for iPhone 0 \sim W e r t У u ор q gh d f k S а

Yahoo Mail

Note: Recipients in the "To" field can see the Cc'd recipients, while recipients in the "To" field won't be able to see Bcc'd recipients.

3 Enter the "Subject". The subject line gives a summary of the email's contents.

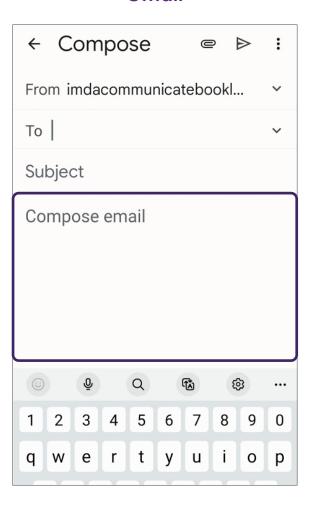


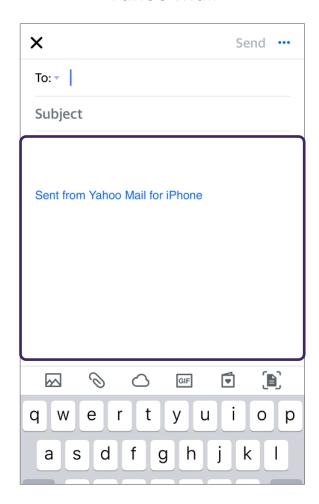
Yahoo Mail X Send ··· To: ▼ Subject Sent from Yahoo Mail for iPhone **^** e r t y u W d f g h j k

4

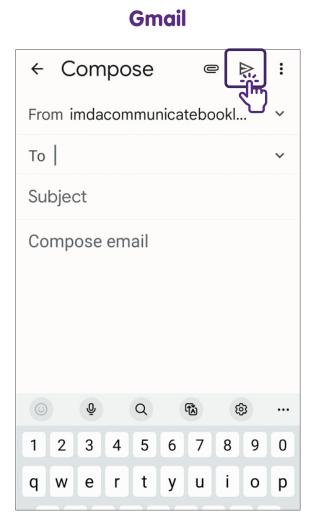
Input text to draft your email.

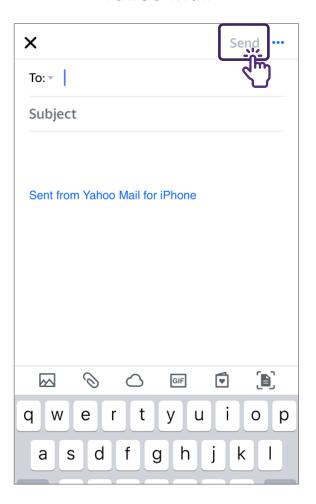
Gmail





Tap on send Send icon to email the recipient(s).





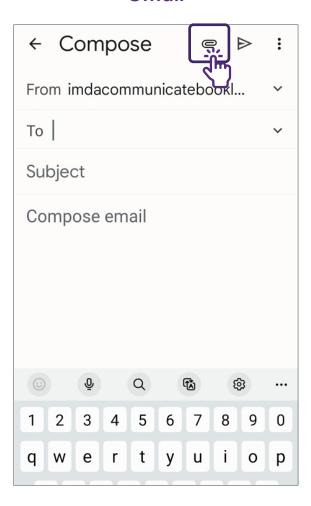
Common Steps to Use an Email App Insert Attachments

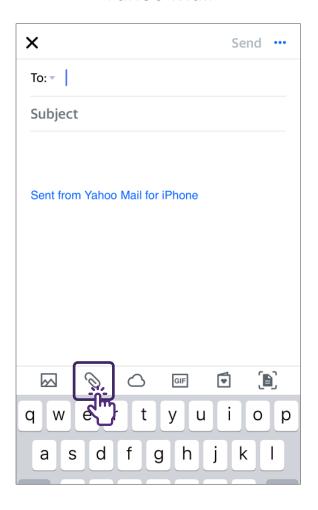
Tap on



icon to attach images, videos and/or documents.

Gmail



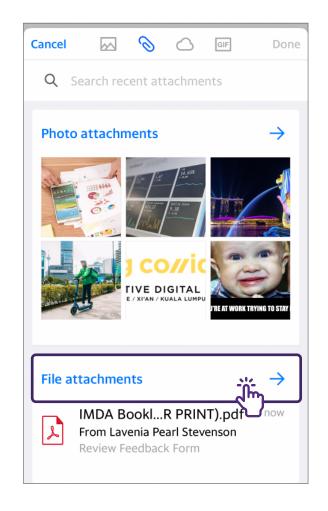


Common Steps to Use an Email App Insert Attachments

2

Tap on "Attach file" or "File attachments".

Gmail ← Compose Attach file From imdacommu Insert from Drive То Subject Compose email 4 5 6 7 8 9 0 qwertyuio

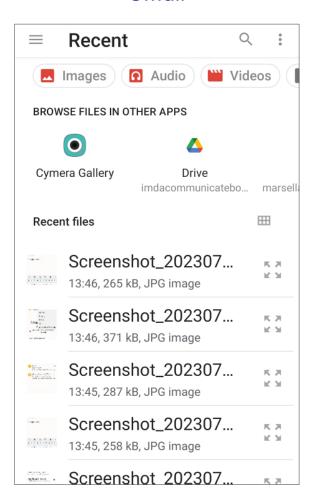


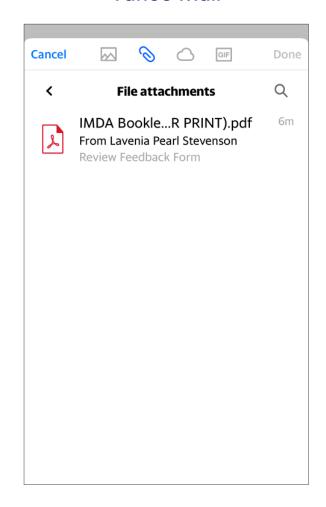
Common Steps to Use an Email App Insert Attachments

3

Select the file(s) you wish to attach.

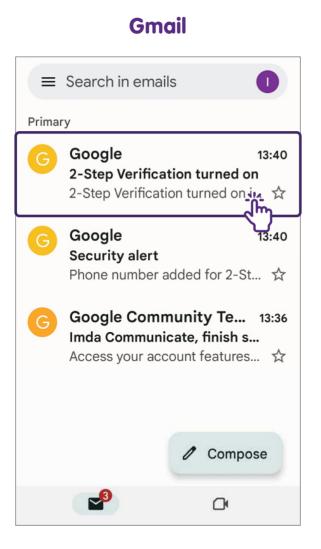
Gmail

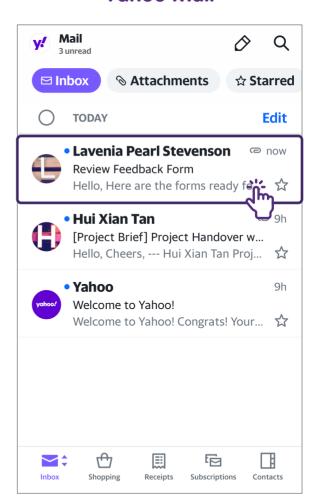




Common Steps to Use an Email App Reply, Forward or Delete an Email

Tap on the subject of an email to open and read it. Unread emails are displayed in bold font.

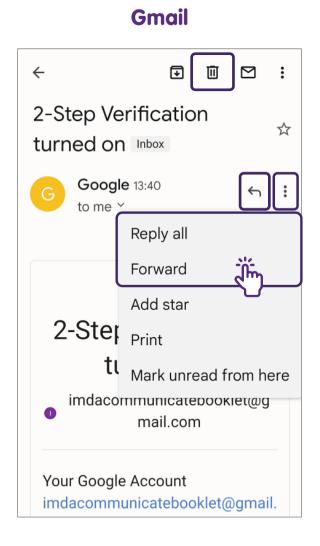


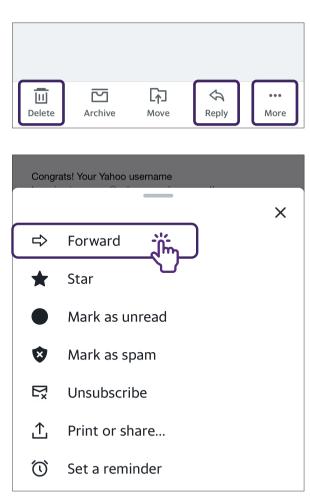


Common Steps to Use an Email App Reply, Forward or Delete an Email

2

Tap on the menu icon for more options.



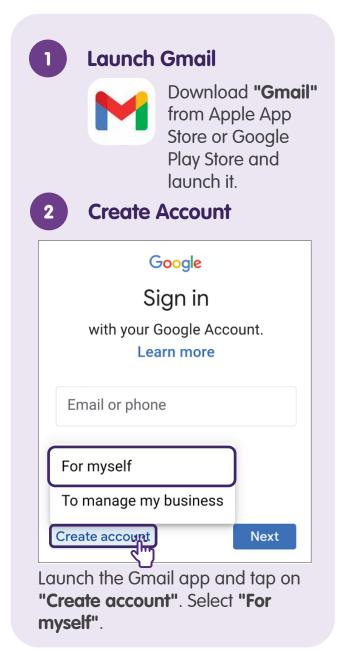


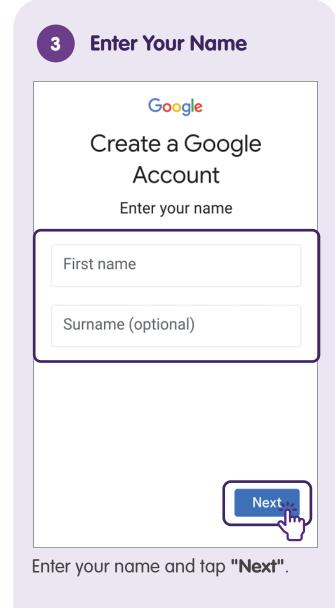
Common Steps to Use an Email App Reply, Forward or Delete an Email

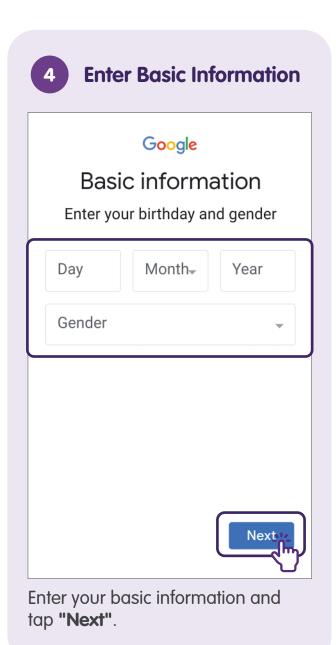
	Gmail	Yahoo Mail	
In the emai	l, Tap this icon to reply only to the sender.	In the email,	Tap this icon to reply only to the sender.
•	Tap this icon and select options from the drop-down menu such as: Reply all Forward	••• More	Tap this icon and select options from the drop-down menu such as: Reply all Forward
	Tap this icon to delete the email.		Tap this icon to delete the email.

Step-by-step Guide to use Gmail

Create a Google Account







5 Create Gmail Address

Google

Choose your Gmail address

Pick a Gmail address or create your own

- imdacommunicatebooklet@gmail....
- Create your own Gmail address

Create a Gmail ad... _

@gmail.com

You can use letters, numbers and full stops



You can select a suggested Gmail address or create your own, then tap "Next".



ate a stron

Create a strong password

Create a strong password with a mixture of letters, numbers and symbols

Password

Show password



Create a strong password and tap
"Next".

7 Add Phone Number

Google

Add phone number?

If you like, you can add this phone's number to your account for use across Google services. **Learn more**

For example, your number will be used to

- Reset your password if you forget it
- Receive video calls and messages

More options





Tap **"Yes, I'm in"** to add a phone number, or tap **"Skip"** if you do not wish to add one.

8

Review Your Account

Google

Review your account info

You can use this email address to sign in later



Review your account info and tap "Next".



Read Privacy and Terms

Google

Privacy and Terms

To create a Google Account, you'll need to agree to the Terms of Service below.

You are also agreeing to the Google Play Terms of Service to enable discovery and management of apps.

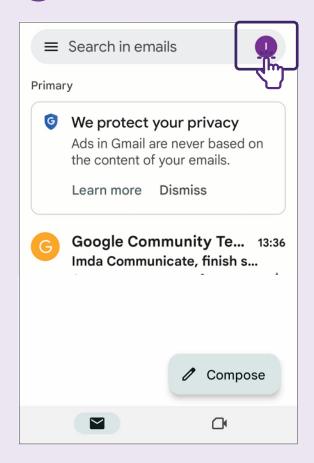
In addition, when you create an account, we process your information as described in our **Privacy Policy**, including these key points:

Data that we process when you use Google



Read through the Privacy and Terms and tap "I agree".

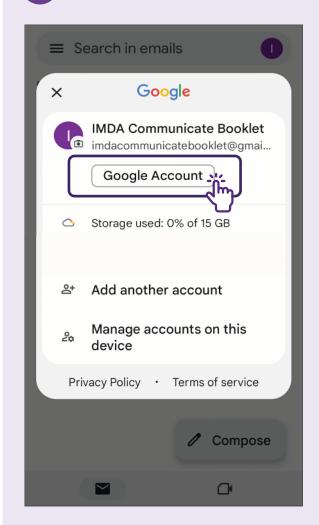




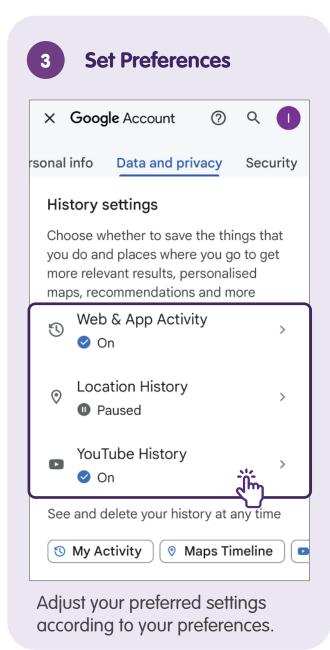
You will be directed to the Inbox. Tap on your account at the top right-hand corner to set up the account.

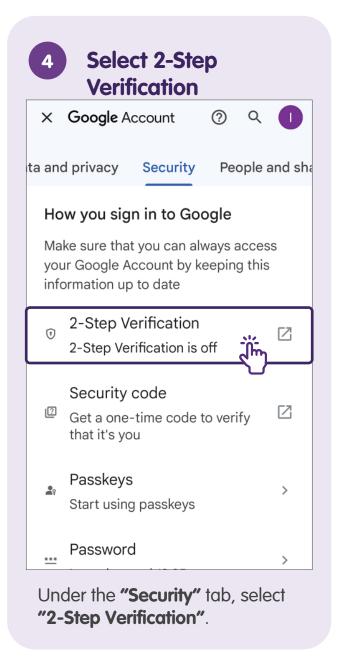
Set up Google Account

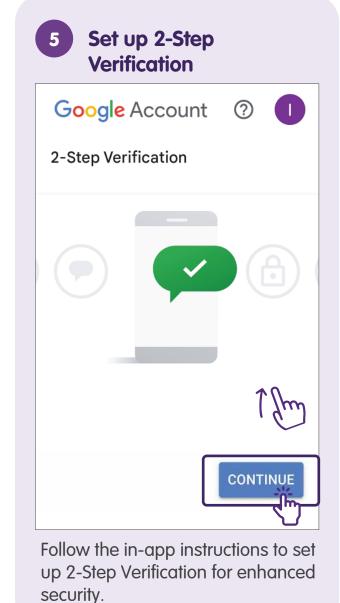
Select Google Account

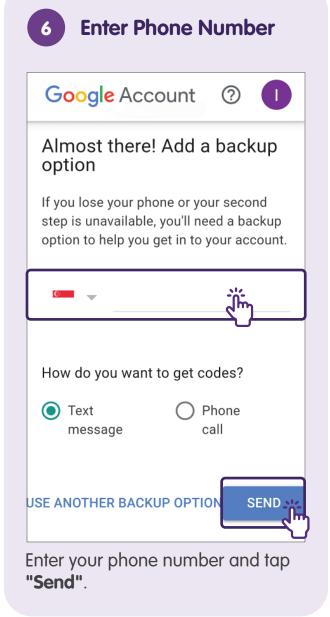


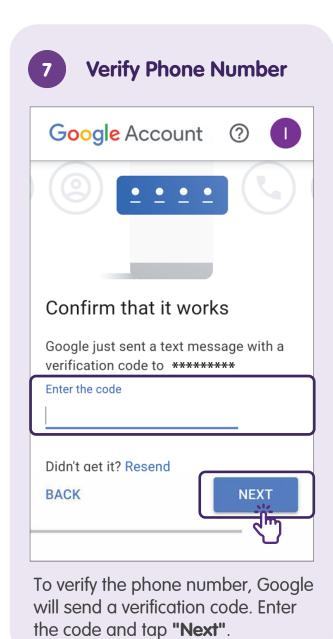


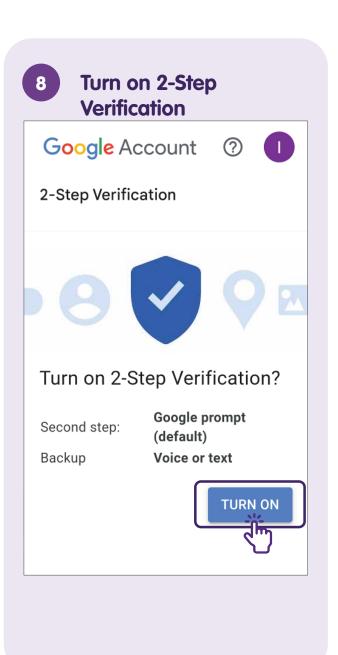




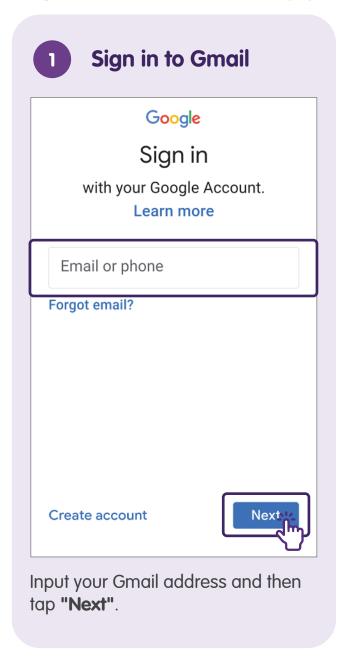




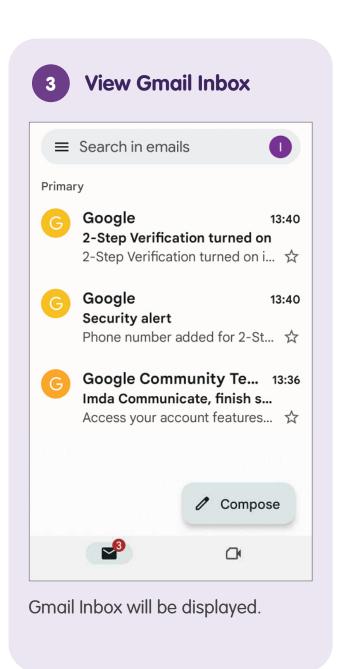




Sign in to Gmail App

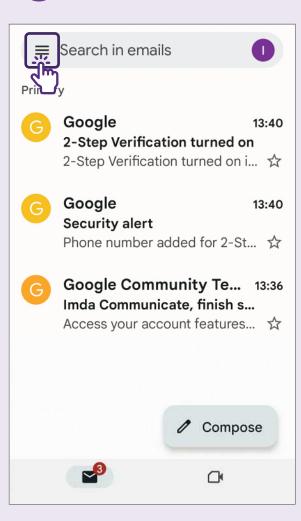


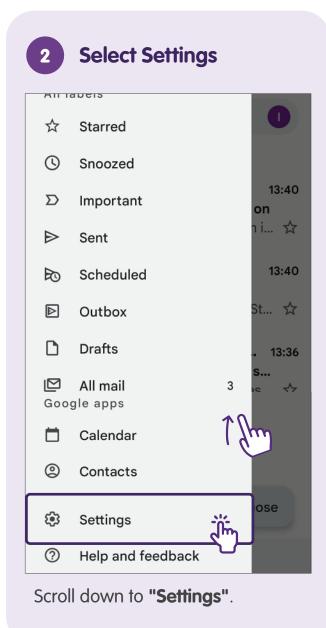


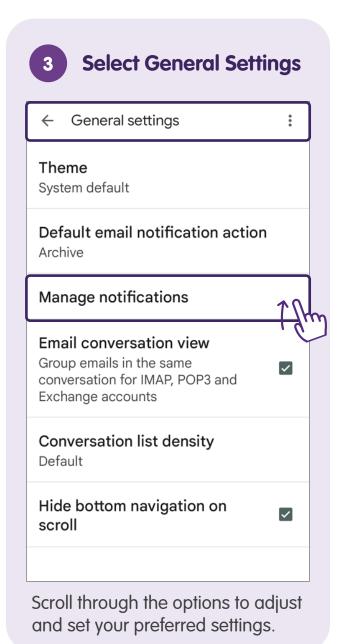


Manage Gmail Settings

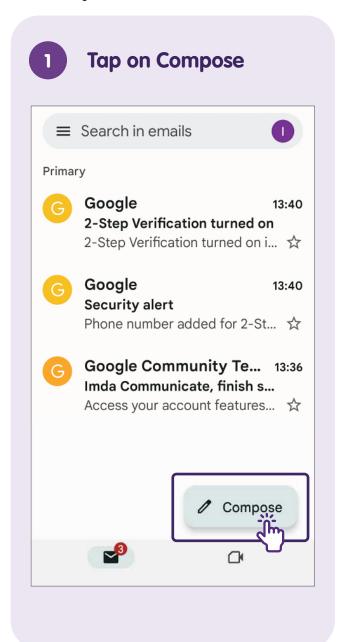
Tap on the Menu

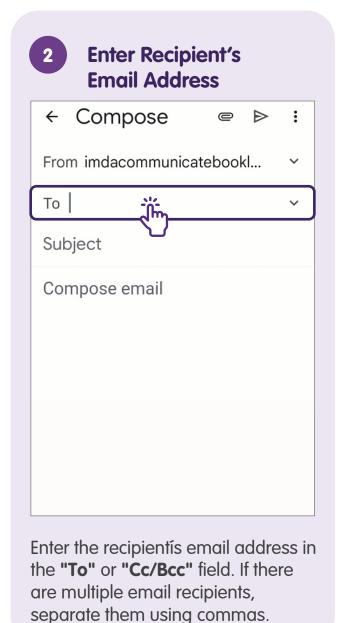


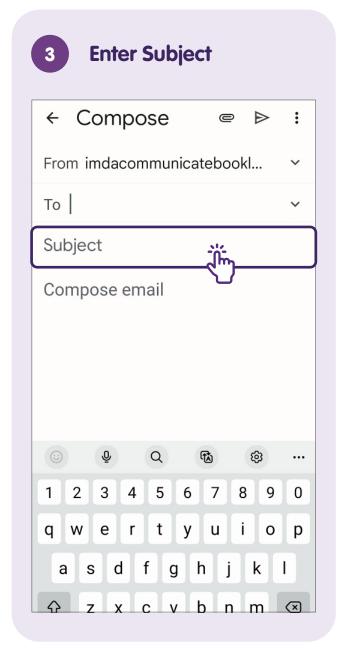


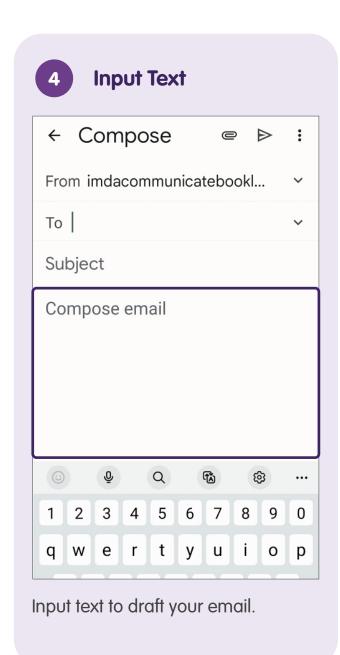


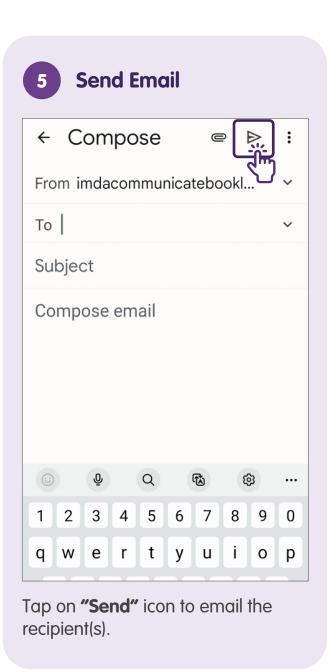
Compose an Email



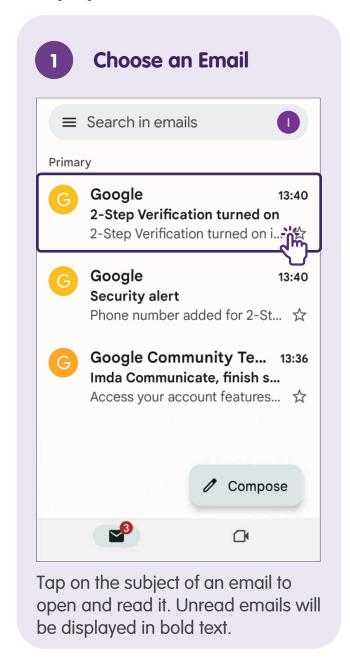


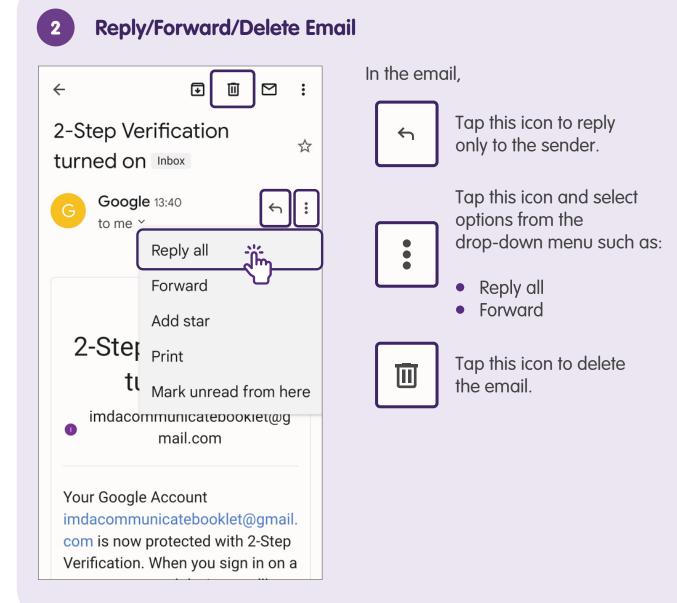






Reply, Forward or Delete an Email

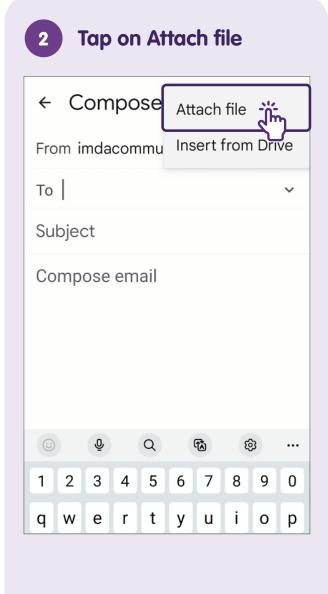


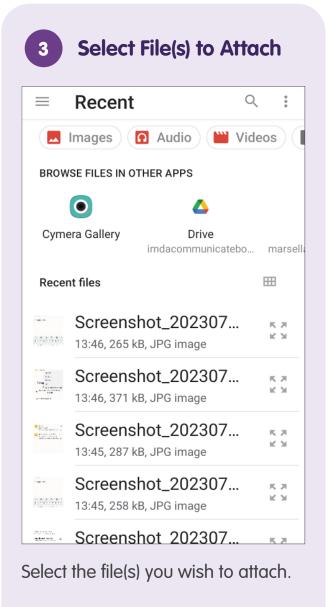


Insert Attachments

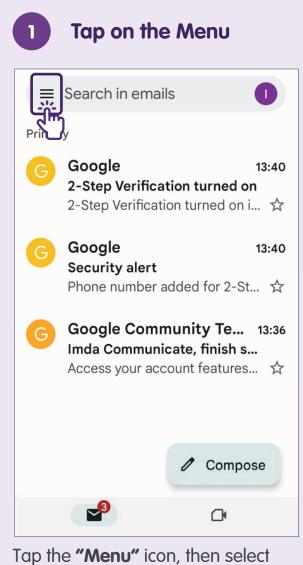
Insert an Attachment Compose From imdacommunicatebookl... To Subject Compose email 8 9 Tap on the "Paperclip" icon to attach images, videos, and/or

documents to your email.

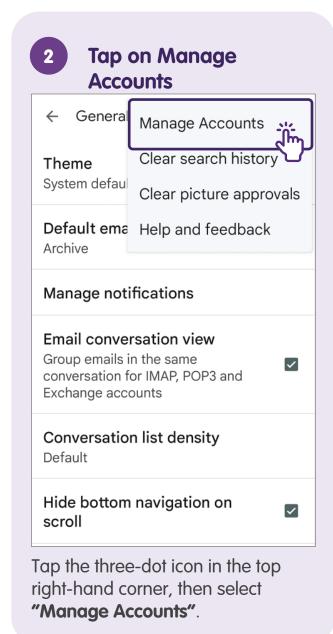


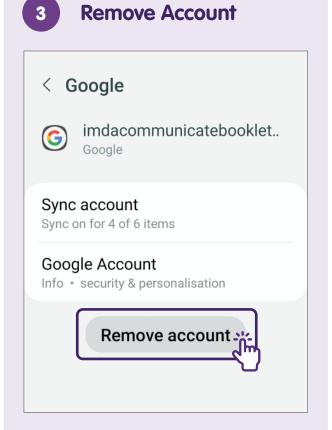


Disable or Delete a Google Account



Tap the "Menu" icon, then select "General Settings".





Tap "Remove account" if you no longer need the account.

Note: Carefully read the notes and ensure you have backed up data, as once the account is removed, all data will be lost.

Notes



Notes



Notes



For more information and to find your nearest SG Digital community hubs:

IMDA Contact Centre

Hotline: +65 6377 3800 Email: info@imda.gov.sg Website: digitalforlife.gov.sg



Scan QR code to visit the Digital for Life Portal.

© 2025 Info-communications Media Development Authority. All rights reserved.

No part of this resource may be used or copied without explicit consent from IMDA.

Materials used in connection with this guide may also be subject to copyright protection.

These are not limited to: documents, slides, images, audio, and video. Unauthorized retention, duplication, distribution, or modification of copyrighted materials is strictly prohibited.

These resources take reference from Google LLC's Gmail and publicly available content on Yahoo's platforms.