

Digital Skills Training Guide

As part of CSR efforts in support of the Digital Skills for Life programme and Digital for Life movement by IMDA, Micron Technology Singapore organised digital skills trainings and developed step-by-step guides to equip seniors with digital knowledge and skills to conduct daily tasks and navigate the digital space. This initiative brought in new volunteering opportunities to all Micron Singapore employees to contribute back to the society.



In support of:



TikTok



In support of:



What is **TIKTOK**?

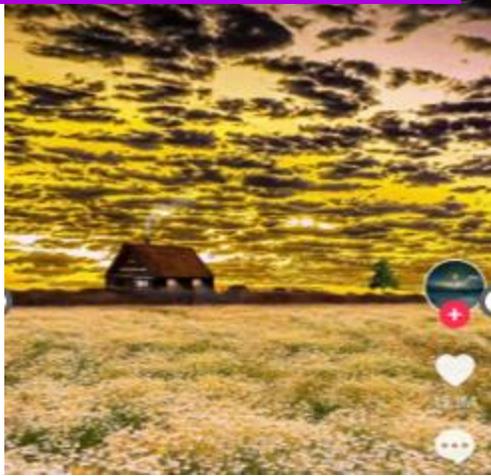
什么是**TIKTOK**?

A video-sharing app where users create short format videos and upload them to the platform.

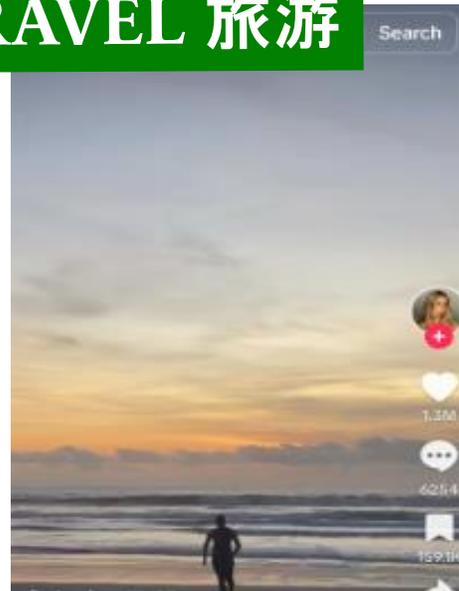
一款视频共享的应用程序，用户可以创建短视频并将其上传到平台。

COMMON USAGE ON TIKTOK 常见用途

SCENERY 风景



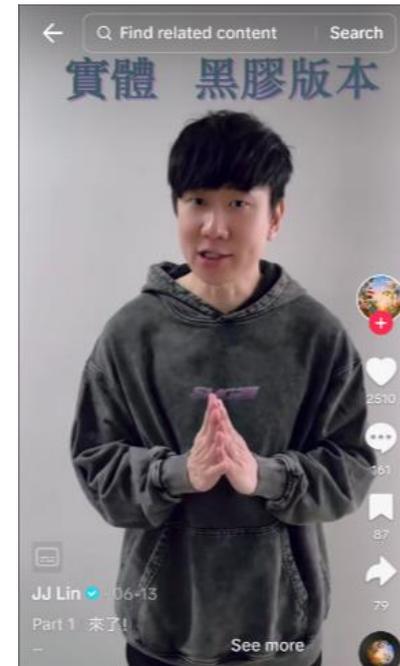
TRAVEL 旅游



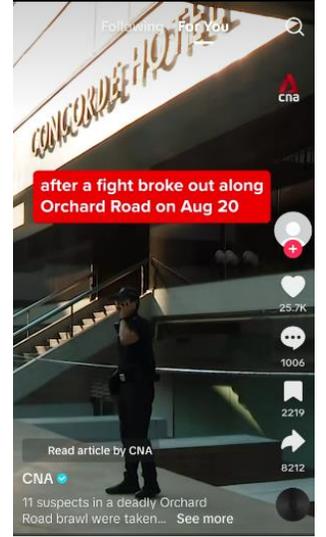
FOOD 美食



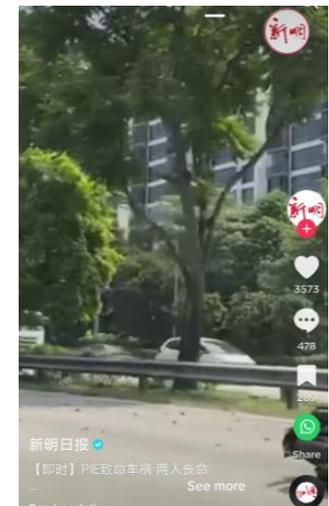
CELEBRITY 明星



NEWS 新闻



CNA



新明日报



Get started with TIKTOK

开始使用 TIKTOK

You can use TIKTOK app on your phone or tablet.

您可以在手机或平板电脑上使用 TIKTOK应用程序。

If you are using phone/ tablet, please download TIKTOK from Apps Store/ Play Store.

手机或平板电脑用户请于Apps Store / Play Store 下载TIKTOK应用程序。



CREATE A NEW ACCOUNT

创建新账号

*As soon as you're done installing and opening the app, it will start displaying videos.

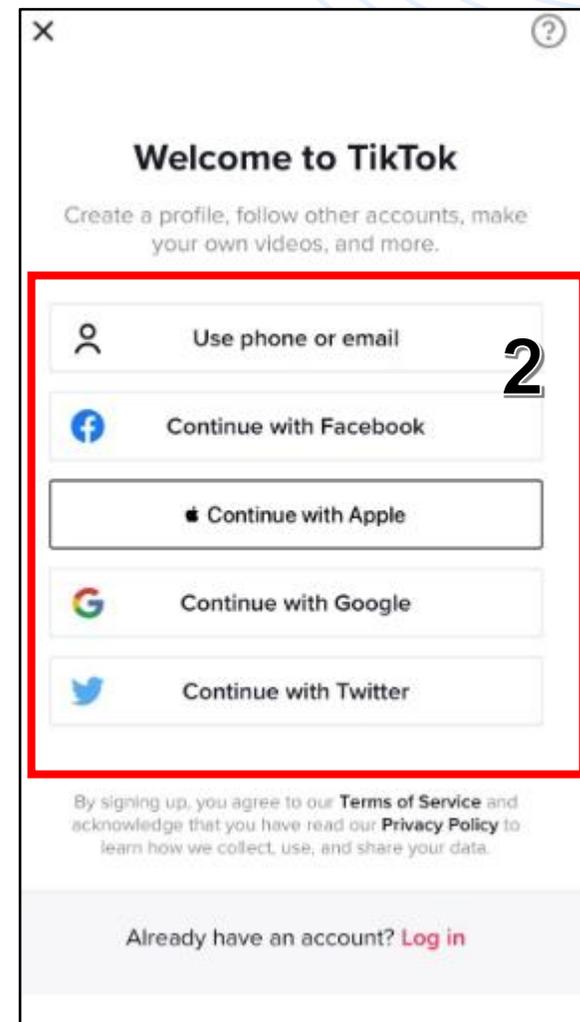
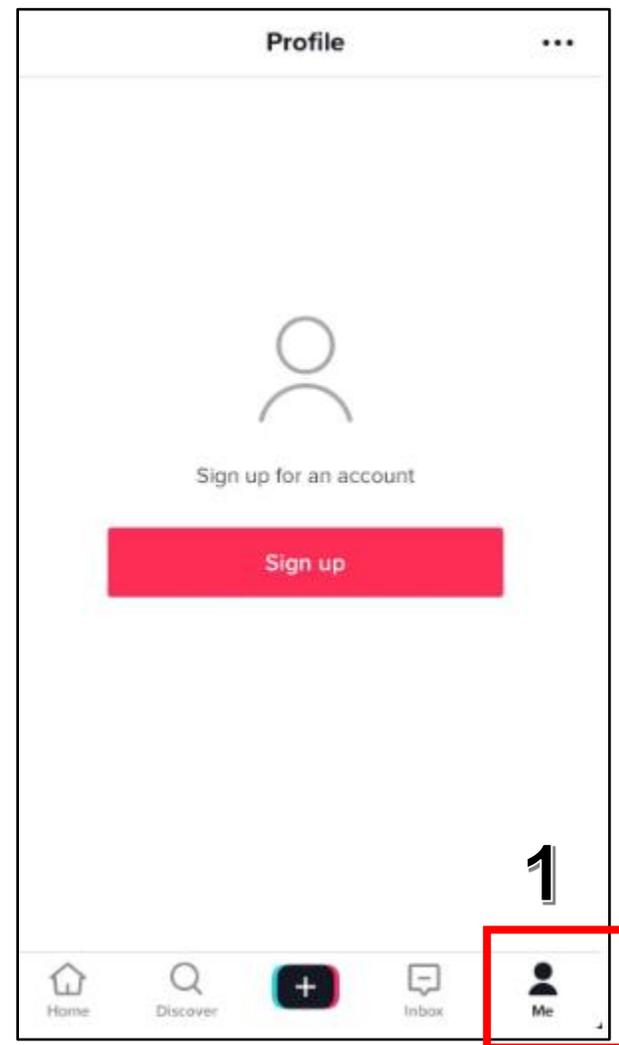
安装并打开应用程序后，它将开始显示视频。

1. Tap on **Profile/ Me** to create a new account

点击**Profile/ Me**以创建账号。

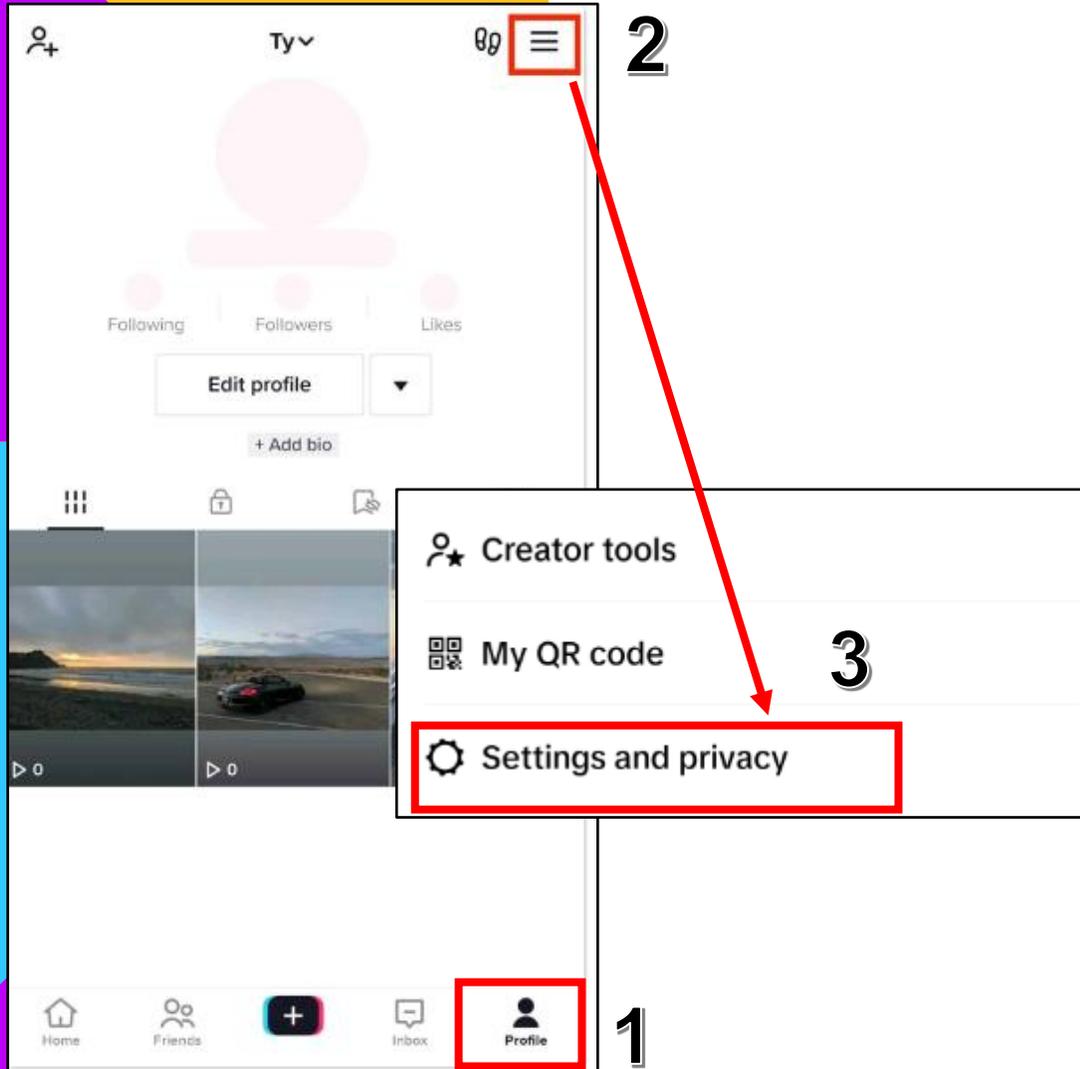
2. Select your preferred log-in method

选择你偏好的登入方式。



SELECT YOUR PREFERRED LANGUAGE

更换语言



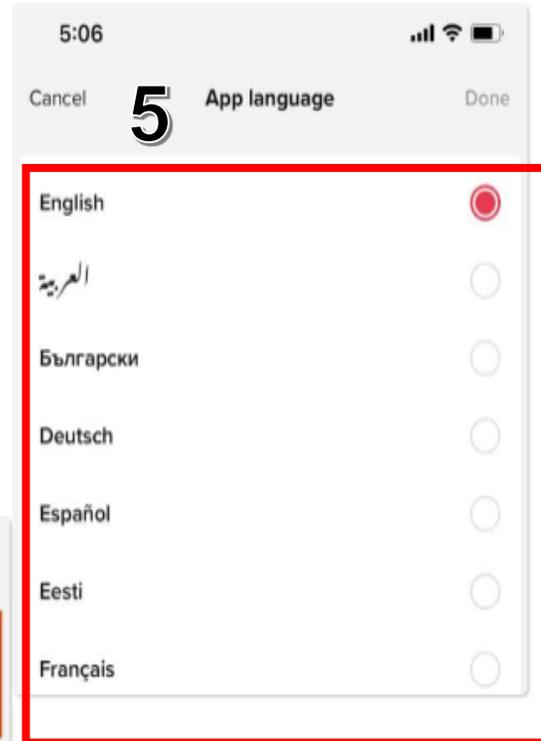
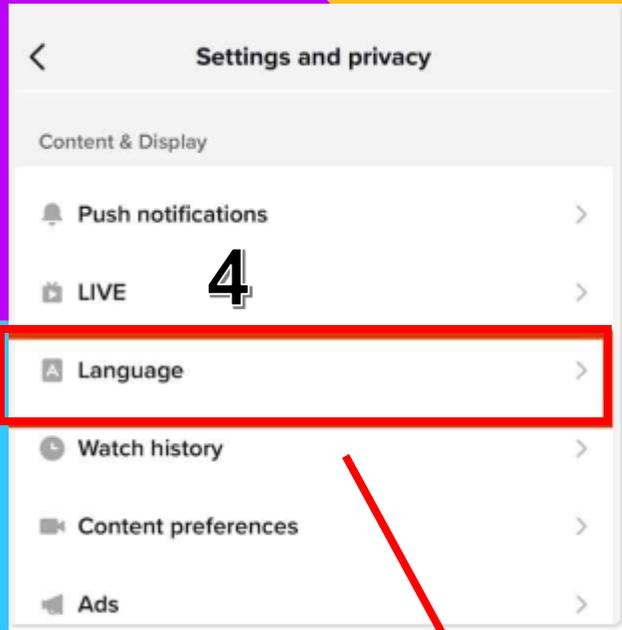
1. Tap **Me/Profile** at the bottom right.
点击右下方的**Me/ Profile**

2. Tap the **3-line icon** in the top right.
点击右上方**三条线图标**

3. Select **Settings and privacy**.
选择**Settings and privacy**（设置和隐私）。

SELECT YOUR PREFERRED LANGUAGE

更换语言

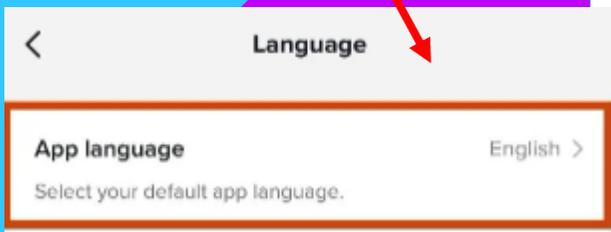


4. Tap on “**Language**” & then “**App Language**”

点击语言&应用程序语言

5. Select your preferred language.

选择您的偏好语言。



EDITING YOUR TIKTOK PROFILE

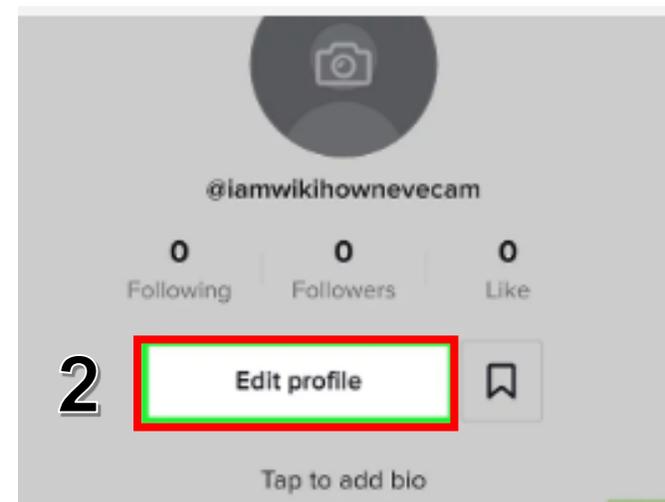
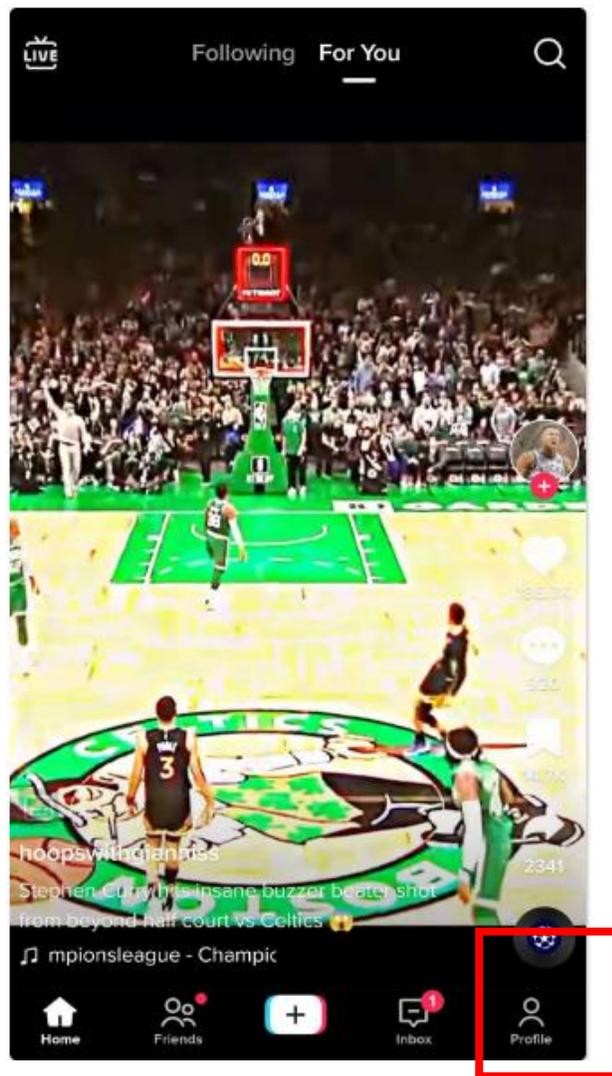
编辑您的 TIKTOK 个人资料

1. Tap **Me/Profile** at the bottom right.

点击右下方的**Me/ Profile**。

2. Tap **Edit Profile**.

点击 编辑资料。



EDITING YOUR TIKTOK PROFILE

编辑您的 TIKTOK 个人资料

3. From here, you can change your profile picture

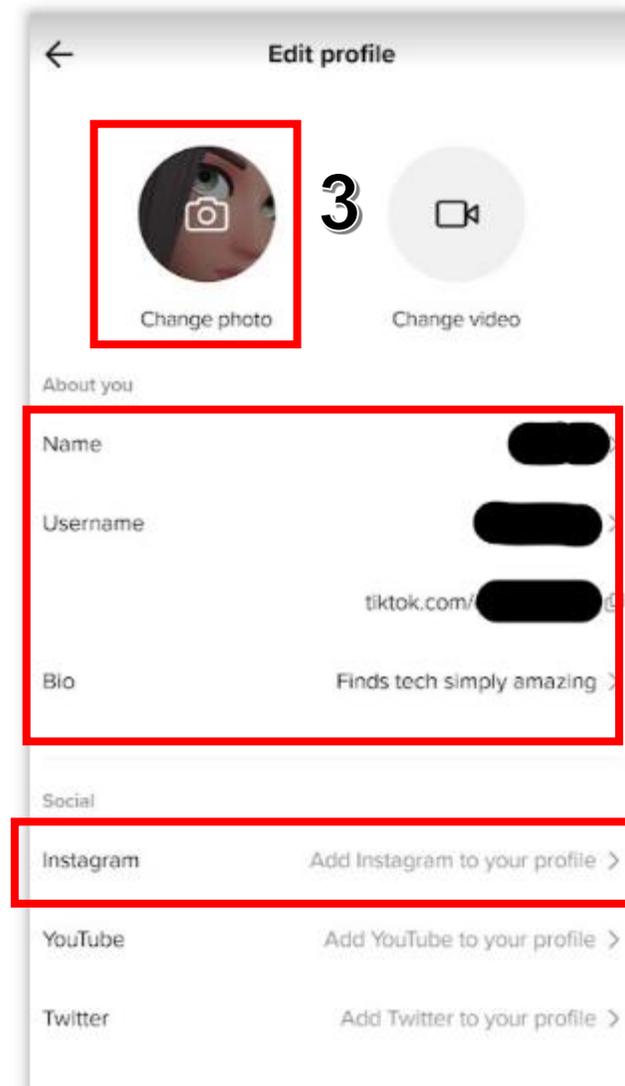
你可以在这里更换账号头像

4. Change your name & Add a bio

更换名字及添加个人简介。

5. Link to your Instagram.

链接Instagram



FOLLOW OTHER TIK TOK USERS

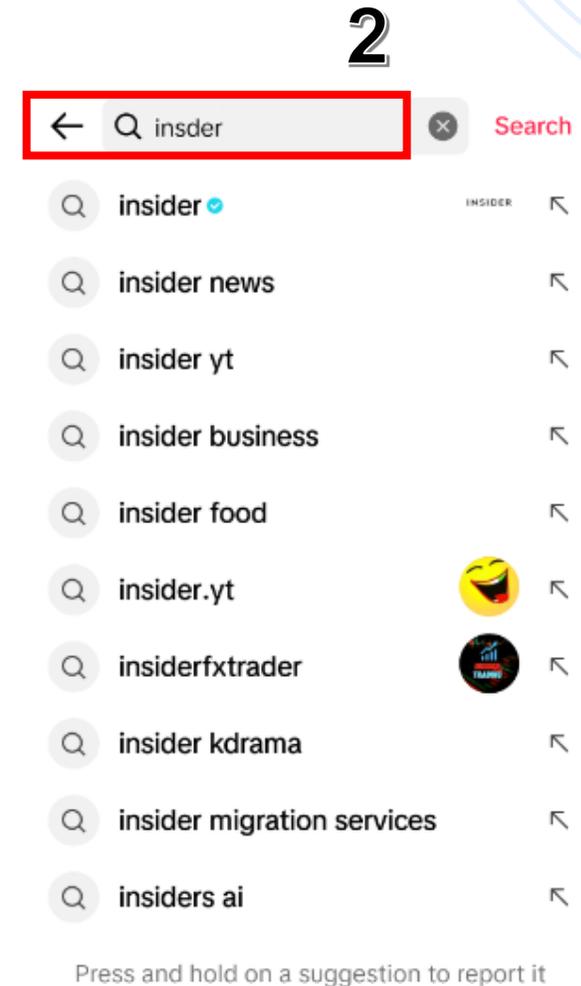
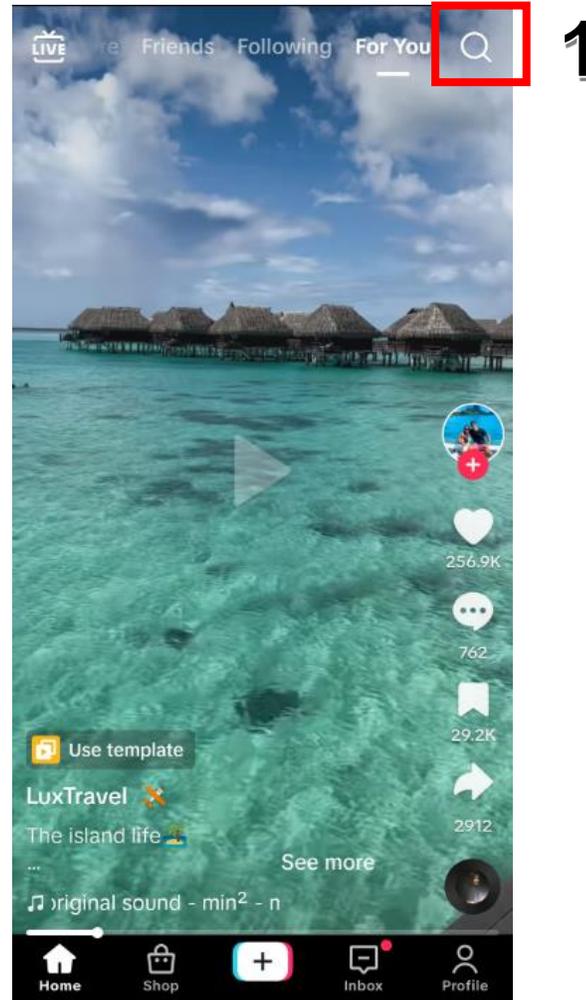
追踪其他用户

1. Head to the profile of the person you want to follow. You can do this by tapping the search icon.

点击屏幕右上方搜寻图标。

2. Next, type in a person, topic, or brand.

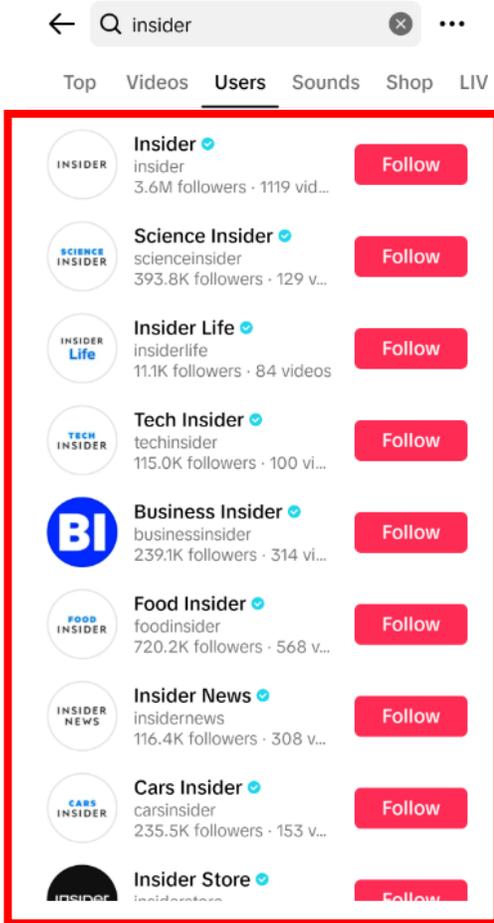
搜索关键字。



FOLLOW OTHER TIK TOK USERS

追踪其他用户

3



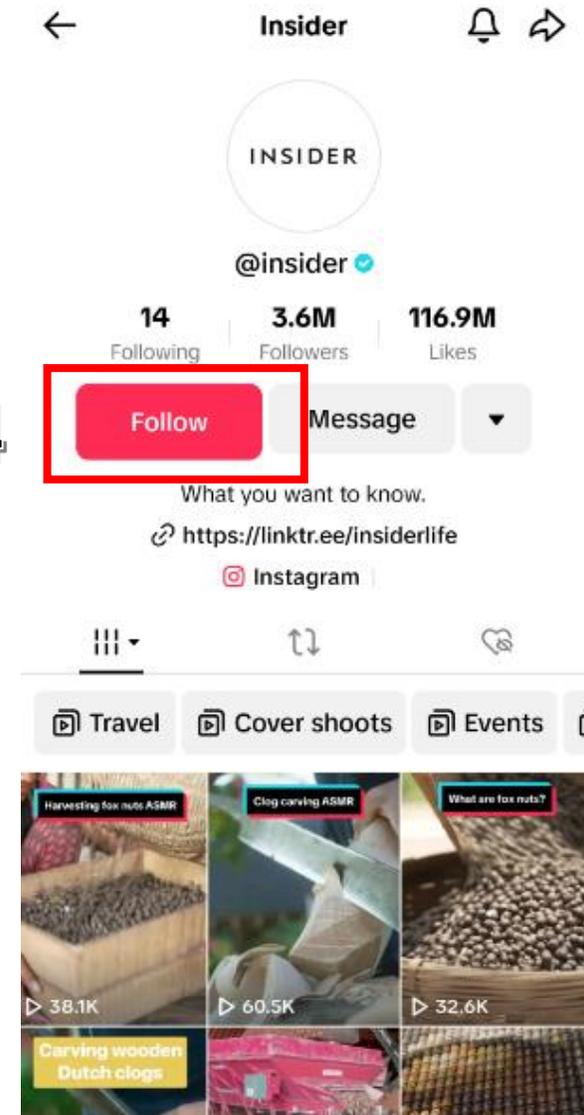
3. Select the account you're interested in following.

点击任何你想要关注的用户

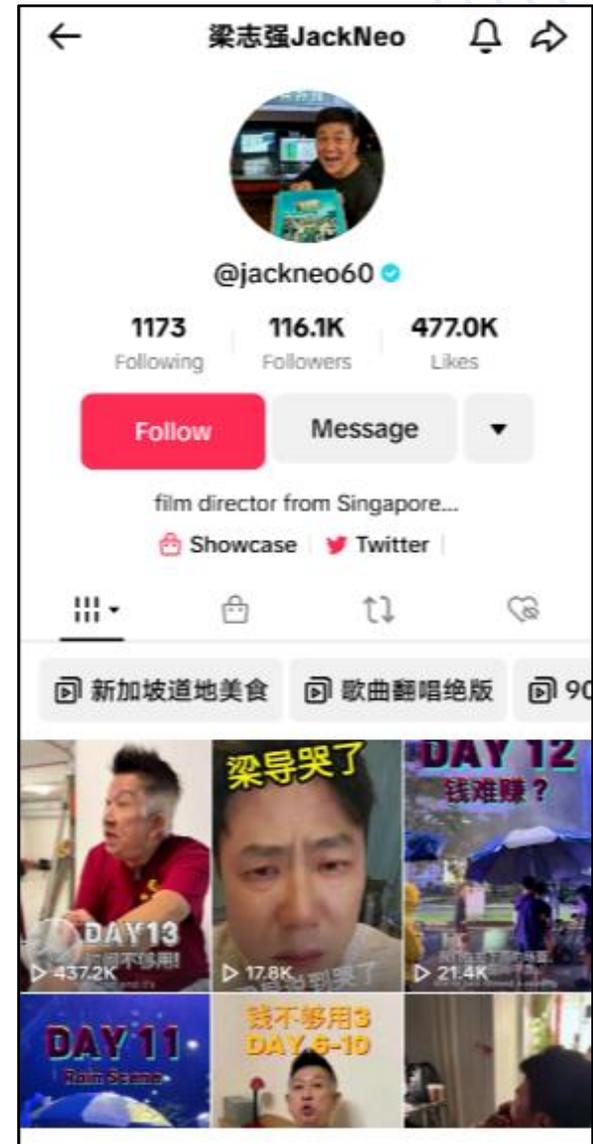
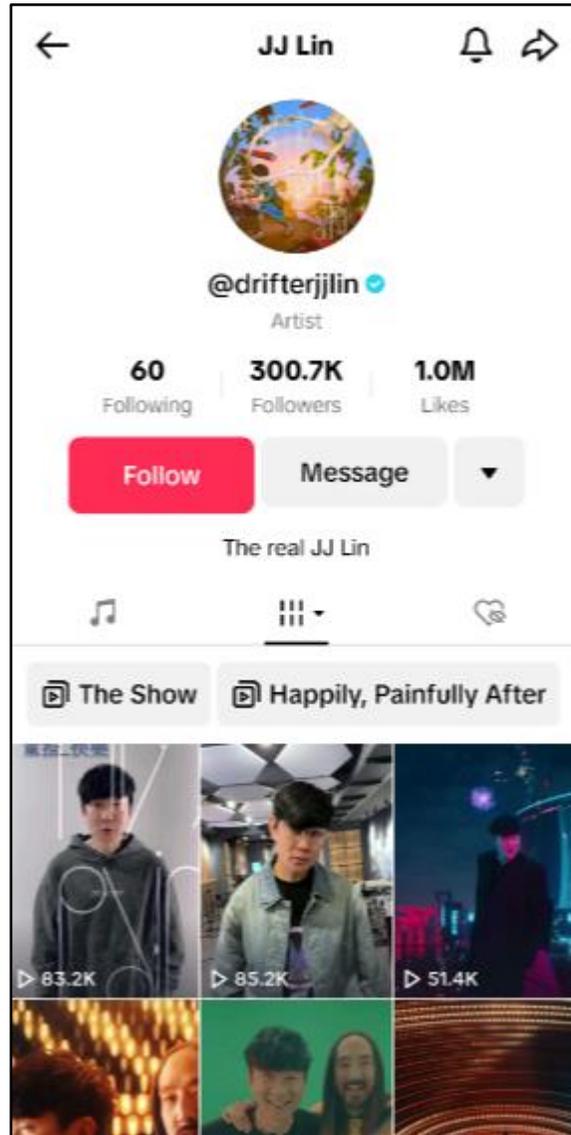
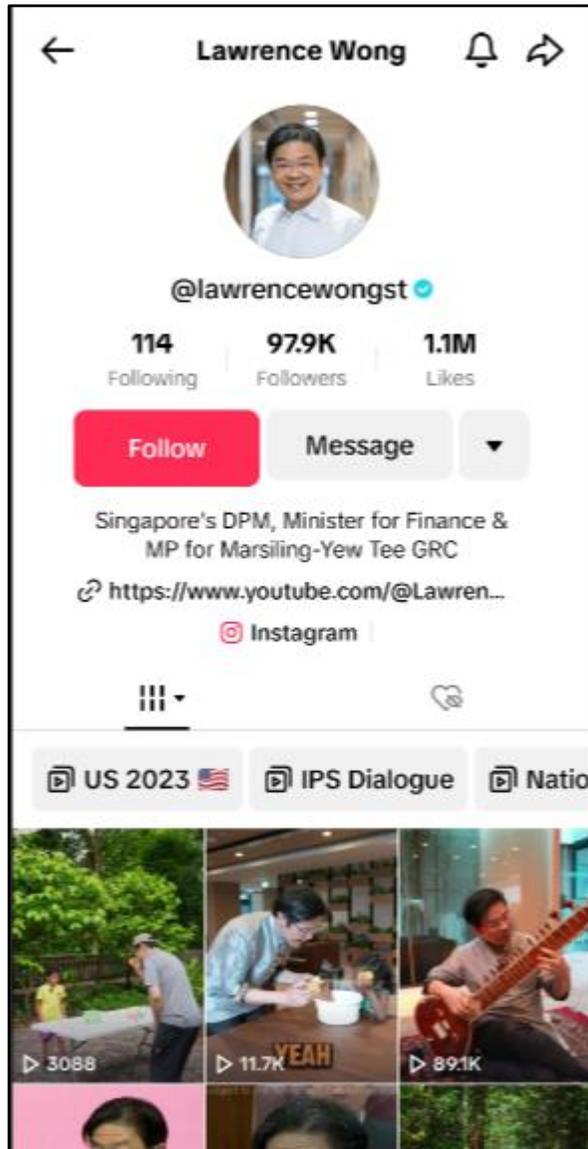
4. Tap on the big red "Follow" button.

点击追踪.

4



EXAMPLE 例子



UNFOLLOW SOMEONE ON TIKTOK

在TIKTOK上取消关注

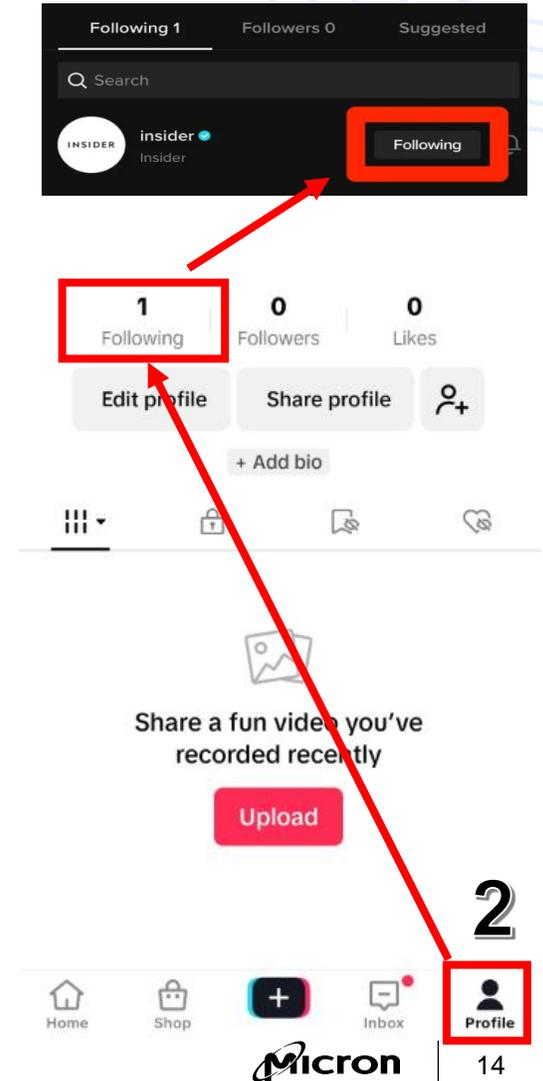
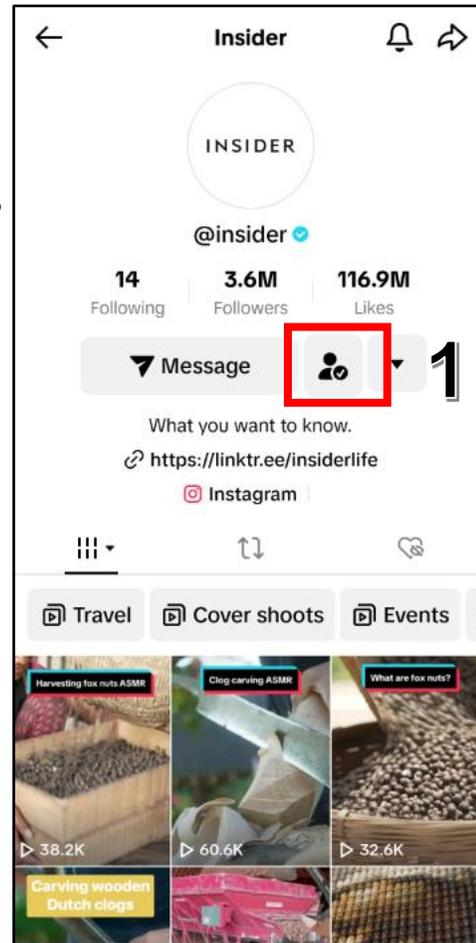
1. Head to the profile page of the user & tap on the Unfollow icon.

前往该用户的个人资料页面,点击退追踪图标。

----- OR 或者 -----

2. Go to your own profile page, tap the **Following** option & tap the **Following** button to the right of a username.

前往您自己的个人资料页面,点击“关注”选项然后点击用户名右侧的“关注”按钮。



CREATING YOUR FIRST VIDEO

创建第一个视频

1. Tap + at bottom of the screen.

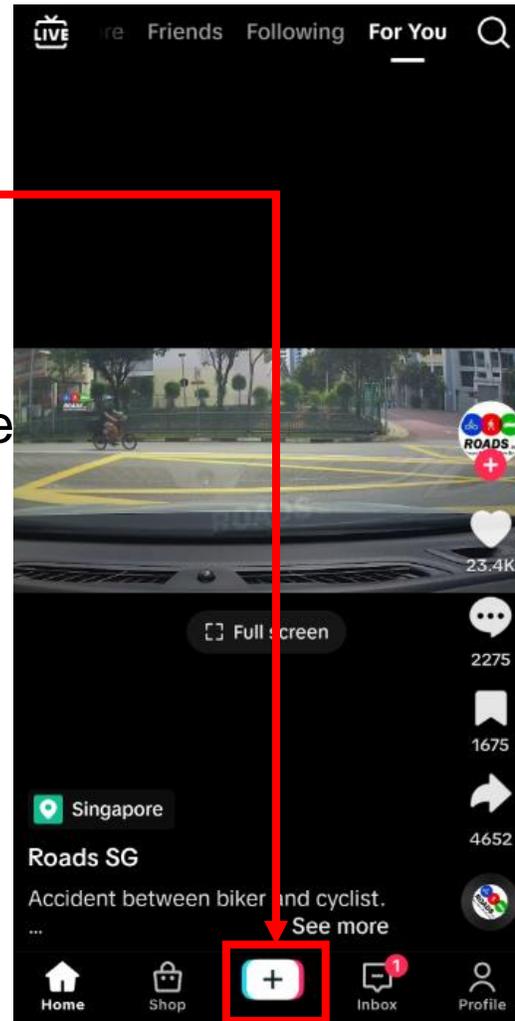
点击“+”图标

2. Upload content from your device Library or use the TikTok camera.

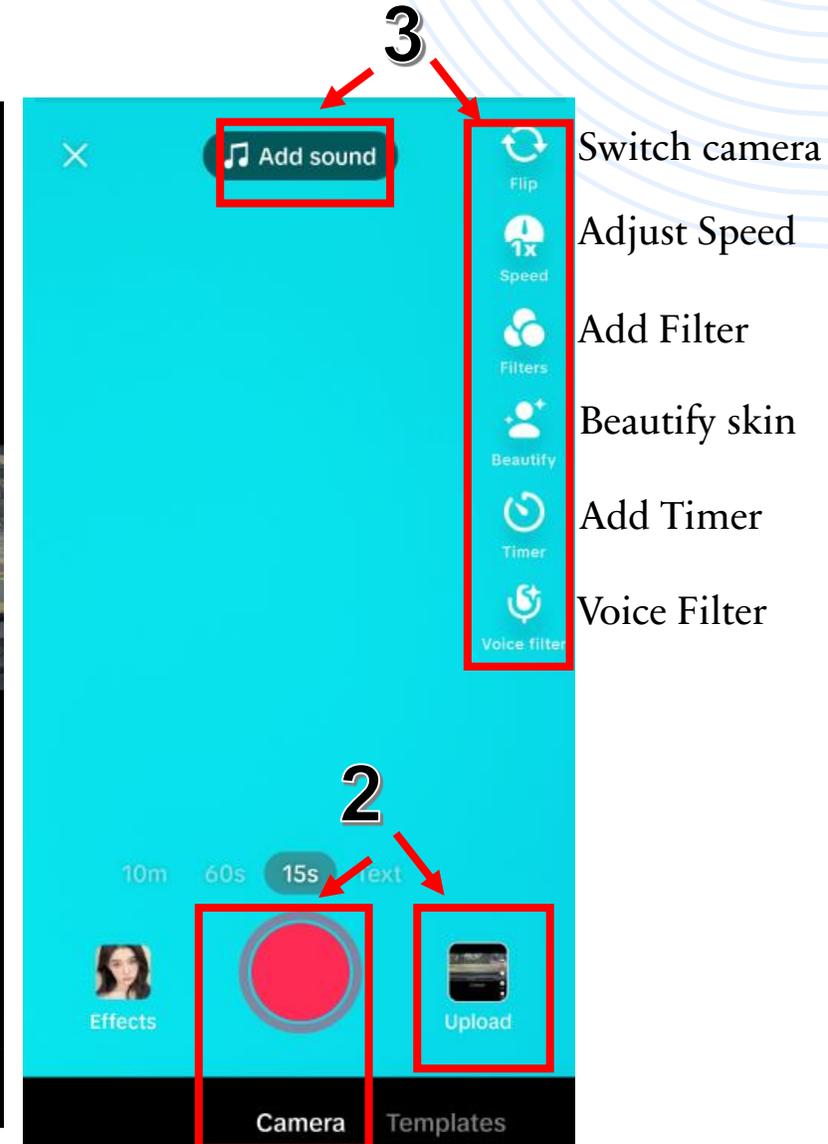
您可选择从您的设备库上传内容或使用 TikTok 相机。

3. Add Sounds, Effects, Filters, or other camera tools.

添加音乐、效果、滤镜等等。



1



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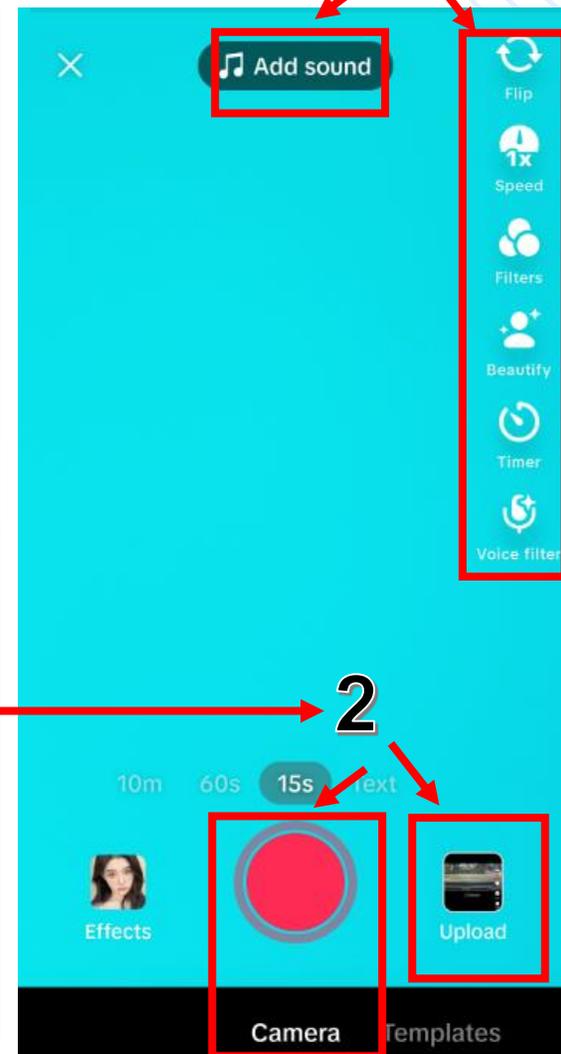
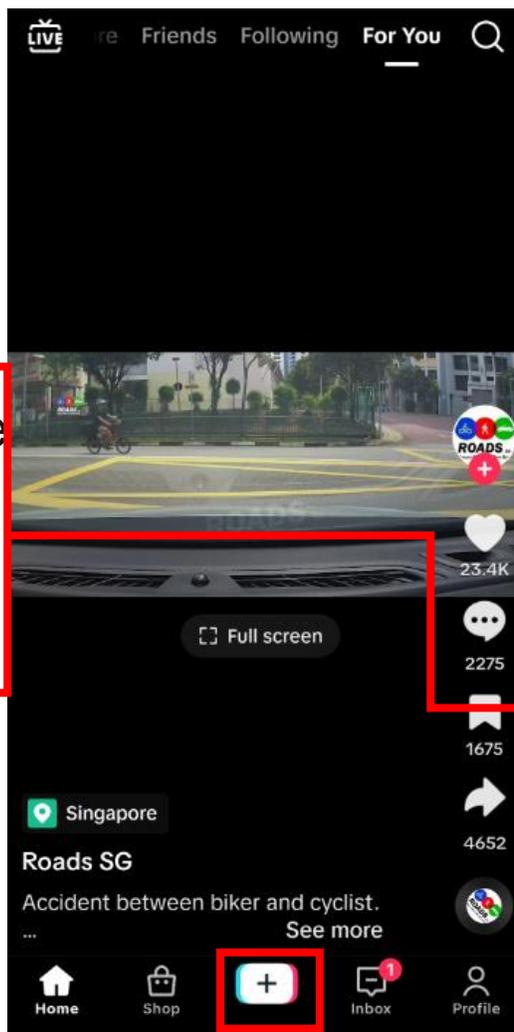
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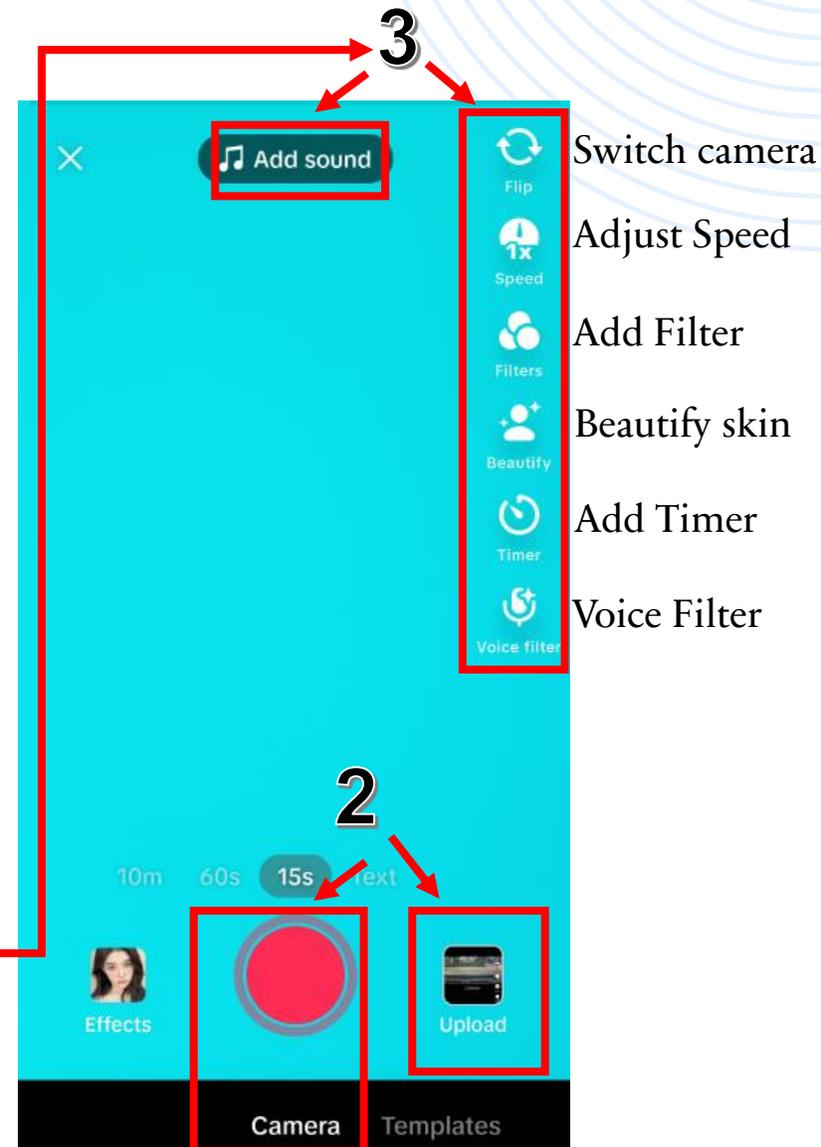
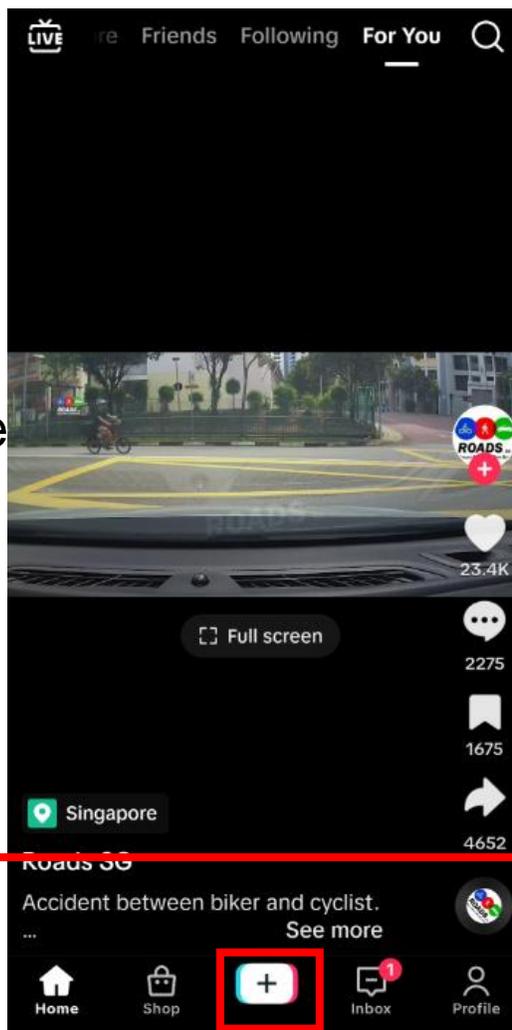
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CREATING YOUR FIRST VIDEO

创建第一个视频

4. To use the TikTok Camera, start your video by pressing & holding the Record button.

要使用 TikTok 相机，请按住“录制”按钮开始录制视频。

5. Tap the check mark to proceed to next step.

点击复选标记以继续下一步。



CREATING YOUR FIRST VIDEO

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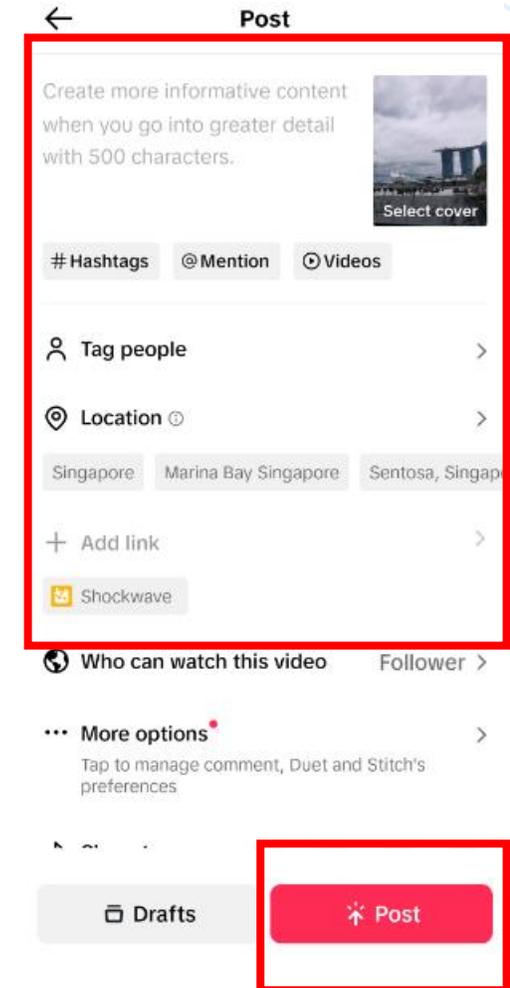
CREATING YOUR FIRST VIDEO

创建第一个视频

6. Make additional edits and tap **Next**.
进行其他编辑并点击下一步。

7. Add a caption, relevant hashtags and location etc.
添加说明、相关主题标签及地点等等。

8. Post your video!
发布视频！



8

CREATING YOUR FIRST VIDEO

创建第一个视频

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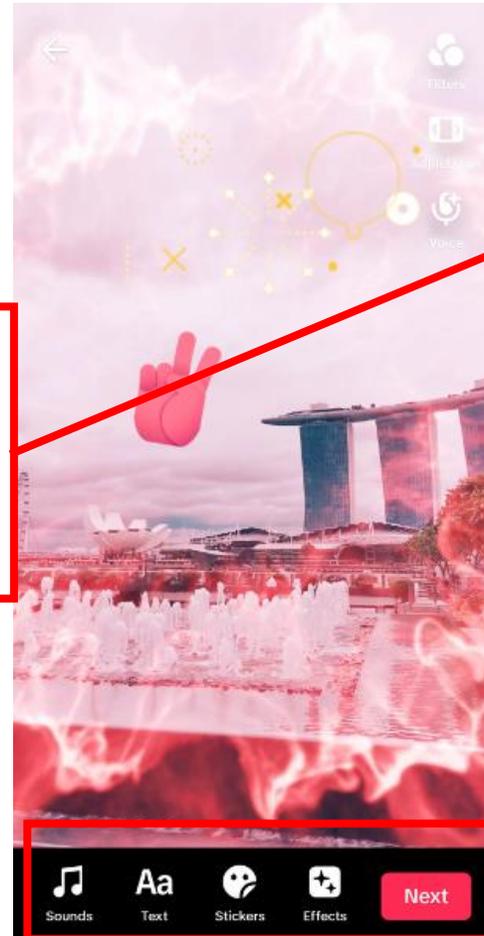
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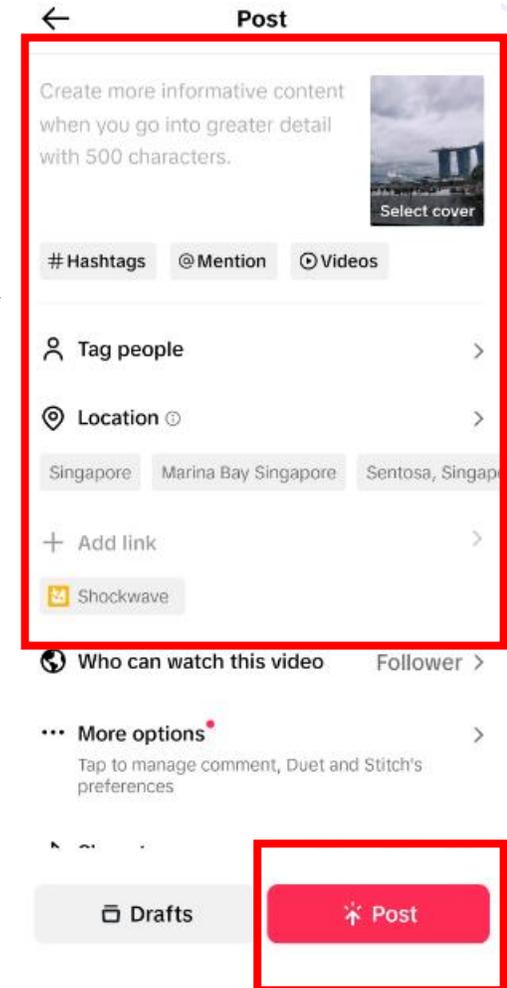
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6



7



8

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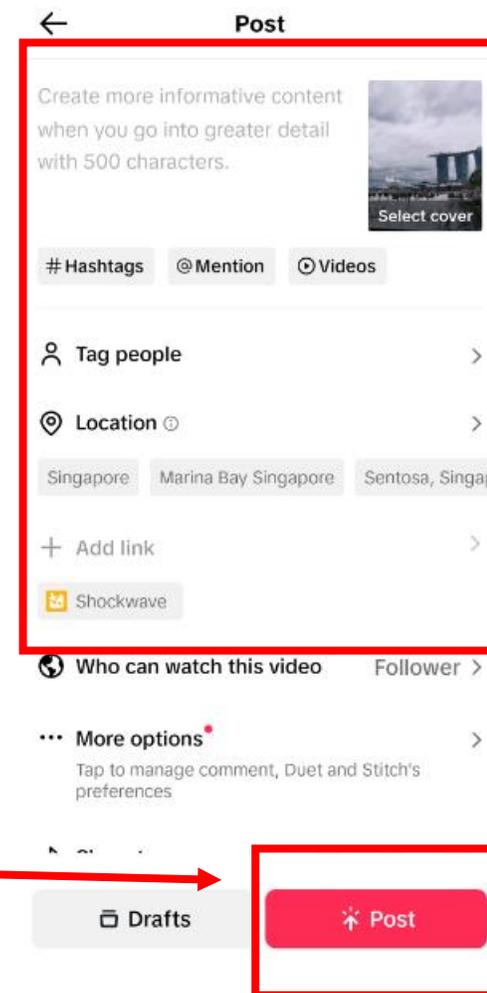
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8

SHARE A TIKTOK VIDEO

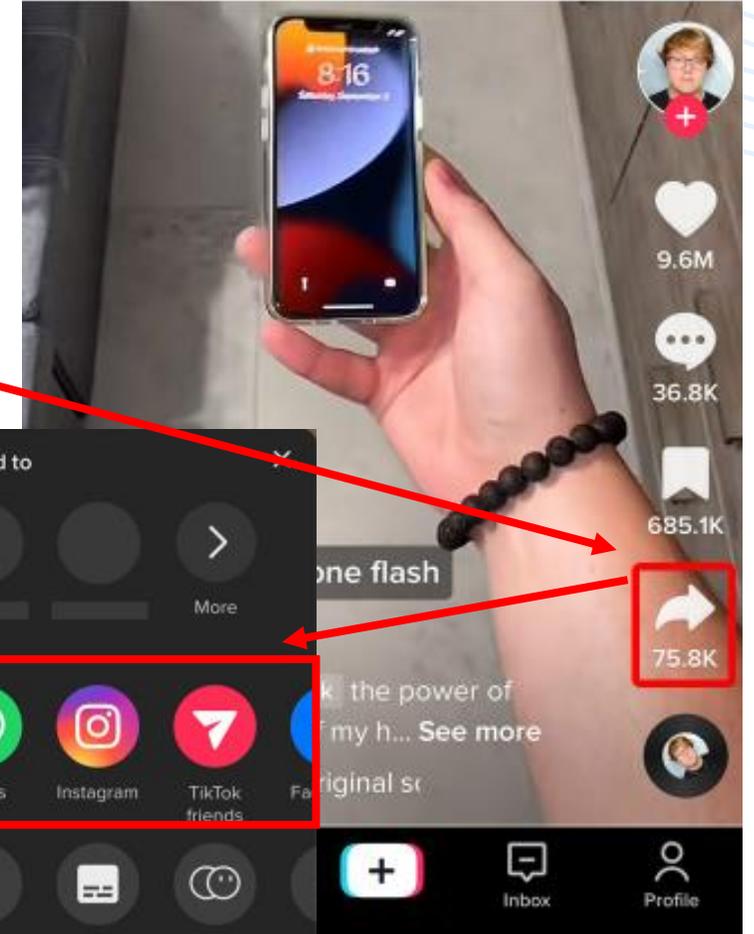
分享TIKTOK 视频

1. Open the video you would like to share & tap on the share icon.

打开您想要分享的视频并点击分享图标。

2. You will be presented with several options to share your TikTok video.

您将看到分享TikTok 视频的不同选项。



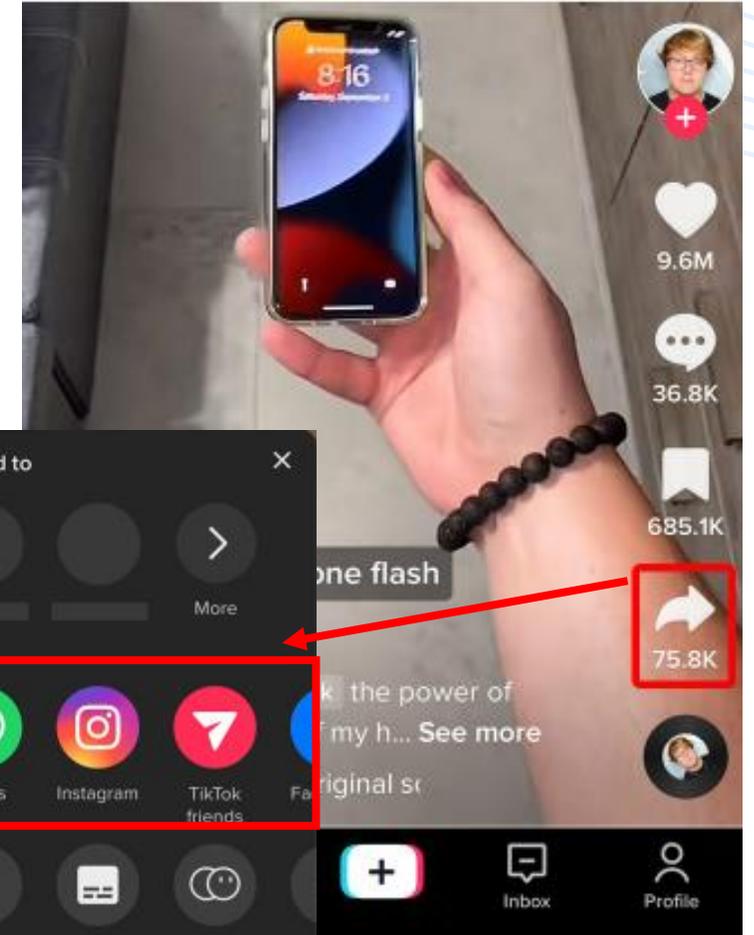
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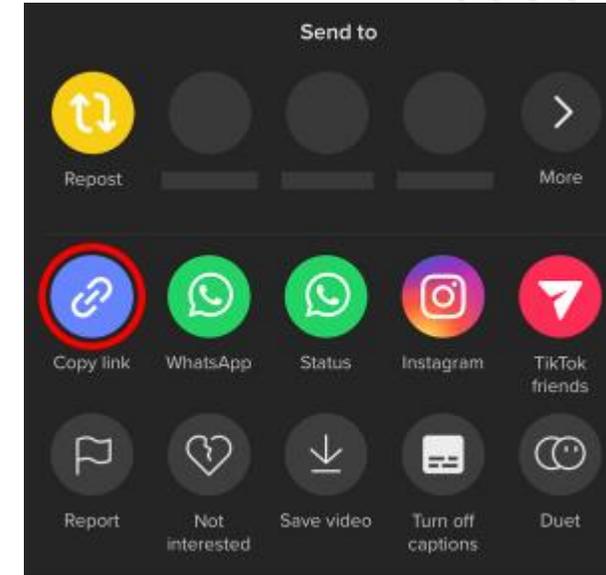
3. Select the **Copy Link** icon & paste the link wherever you'd like to share the video.

选择**Copy Link**图标后，将链接粘贴到您想要分享视频的地方。

----- OR 或者 -----

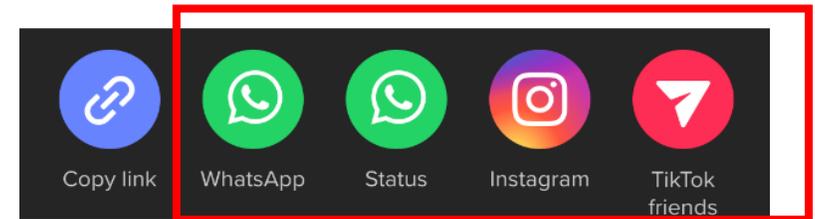
4. Choose between multiple social media and messaging platforms like Instagram, Facebook, Messenger, and WhatsApp.

选择分享在 Instagram、Facebook、Messenger 和 WhatsApp 等多种其他社交平台。



3

4



SHARE A TIKTOK VIDEO

分享TIKTOK 视频

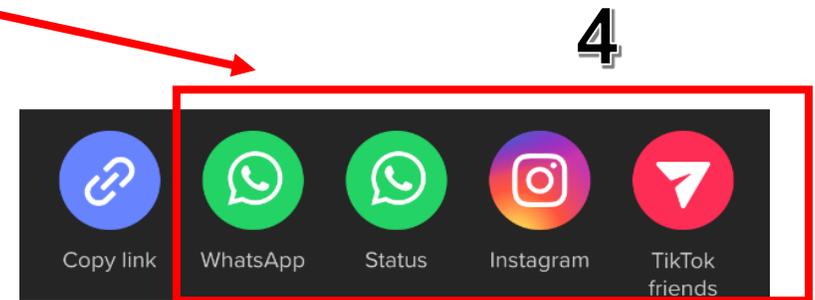
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THANK YOU !

感谢参与！



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