



A Guide to Handling Sexting Incidents

Managing Sexting Incidents the Right Way

If your child is involved in a sexting incident:

- Stay calm and support your child
- Report the incident to the relevant platforms and authorities
- Seek professional help if necessary



What if Someone is Sharing/Threatening to Share My Child's SEXTS?

Keep Calm and Support Your Child

You may feel angry towards the perpetrator or blame your child, but remember, your child didn't consent to the material being shared. Stay calm and support your child through this distressing situation.



Save the Evidence and Report

Take screenshots of the evidence and report the material on the platform, where available.



Under Singapore's **Code of Practice for Online Safety**, effective 18 July 2023, you can report harmful content on major social media services such as **Facebook, Instagram, TikTok, X, YouTube, and HardwareZone**. Social media services are required to promptly inform end-users about the decision or action taken.

Work with the Authorities

If the incident involved another student, contact the school immediately.

Report the matter to the Police or consult a lawyer if the shared content contains intimate images or was shared with the intent to harass, alarm or distress to any person.



Seek Professional Help

If you think your child needs help, contact:



TOUCH Community Services

TOUCHline Counselling:
1800 377 2252
(Mon – Fri, 9am – 9pm)

mentalhealth@touch.org.sg

SHECARES@SCWO

Helpline:
8001 01 4616
(Mon – Fri, 9am – 9pm)

shecares_scwo@she.org.sg

Samaritans of Singapore

Hotline:
1767 (24 hours)

CareText:
9151 1767 (24 hours)

What if My Child is Sharing SEXTS of Other Persons/Threatening to Send SEXTS of Other Persons?

Sharing someone else's sexts is never okay. Guide your child to make the right choices.



Stay Calm and Discuss Respect & Privacy

Stay calm and assess the impact of the incident. Stress that sharing someone else's sexts is never appropriate, as it can harm the other person's reputation and wellbeing. Encourage your child to reflect on their behaviour. For example, you may ask "How would you feel if it's your personal information being shared?" and encourage them to offer an apology to the affected individual.

Delete the Content

Advise your child to immediately remove any content they have shared online, as well as from their device and cloud storage. Urge your child to ask individuals they shared the content with to delete it and avoid sharing it further. Report any duplicated content to the platform and request its removal.

If the school or the police are involved, be sure to work with them.

Take proactive steps to educate your child about the importance of respect in online interactions and empower them to make responsible choices online.



Visit www.digitalforlife.gov.sg for simple tips and tools to keep your child safe online.

