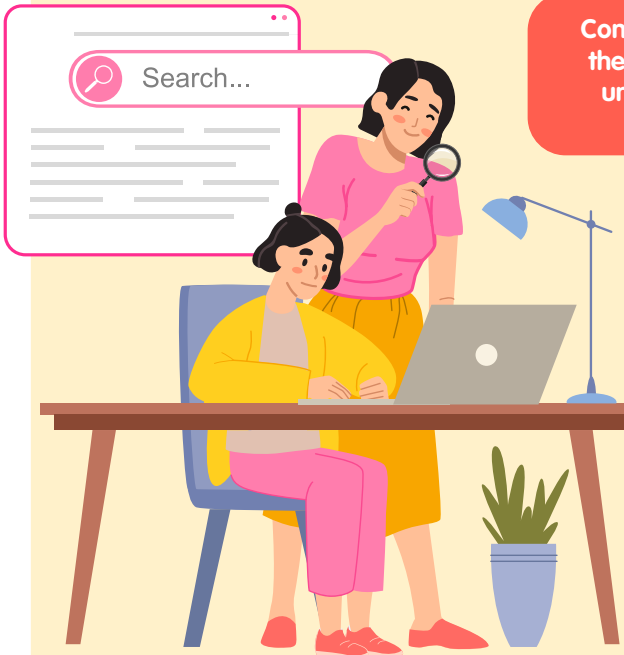


Help Your Child Leave A Better Better Digital Footprints

Teach Your Child Why Their Digital Footprint Matters:

- Identify common examples of digital footprints
- Understand how your child's digital footprint will impact them
- Learn practical tips to help your child leave positive digital footprints



Conduct an online search of your child to demonstrate the digital trail they leave behind. This can help them understand the extent of their online presence and the information available about them.

Examples of Digital Footprints

- Text Messages, including deleted ones
- Photos and Videos, including deleted ones
- Photos where your child is tagged
- Social Media Reactions e.g. 'Likes'
- Search History
- Browsing History, even in 'Incognito' Mode

Understand Your Child's Digital Footprint

1. It affects their reputation.

Remind your child that their online behaviour shapes their reputation, just like their real-world actions do. It can affect their future acceptance into schools or even jobs.

2. It leaves a permanent record.

When your child shares something online, it becomes part of their digital footprint. The content can be misinterpreted, altered, or preserved indefinitely through screenshots and archives, making removal extremely difficult.

2 Tips for a Better Digital Footprint

Practise T.H.I.N.K

Encourage your child to consider if what they are about to post is **T**True, **H**Helpful, **I**Inspiring, **N**Necessary, and **K**Kind. If the answer to any of these questions is 'No', they should not post it.

Avoid sharing personal information online, including your NRIC number or any intimate content. If your child mistakenly posts something they later regret, guide them to remove it promptly.

Is it kind?

Review Their Privacy Settings

Advise your child to **control** who can see their posts. Remind them to exercise caution and connect only with known and trusted individuals on social media and gaming platforms.

By encouraging your child to be proactive in managing their digital footprint, you are helping them create a digital reputation that they can be proud of.



Visit www.digitalforlife.gov.sg
for simple tips and tools to
keep your child safe online.

