Digital Firsts

Starting Social Media

I can...

- [ ] set my accounts to private
- [ ] name at least 3 risks of using social media
- [ ] block or report harmful accounts, strangers, or inappropriate posts
- [ ] follow a variety of accounts to avoid echo chambers

I will...

- [ ] only accept follower request from people I know in real life
- [ ] set time limits so scrolling doesn't take over my day
- [ ] use respectful language in comments, chats and posts
- [ ] think before I post to protect my digital footprint
- [ ] ensure I only follow appropriate and credible accounts
- [ ] turn away from unsafe online challenges
- [ ] talk to my family if I feel unsure or uncomfortable online
- [ ] share my social media experiences and screen time goals with my family so they can support me